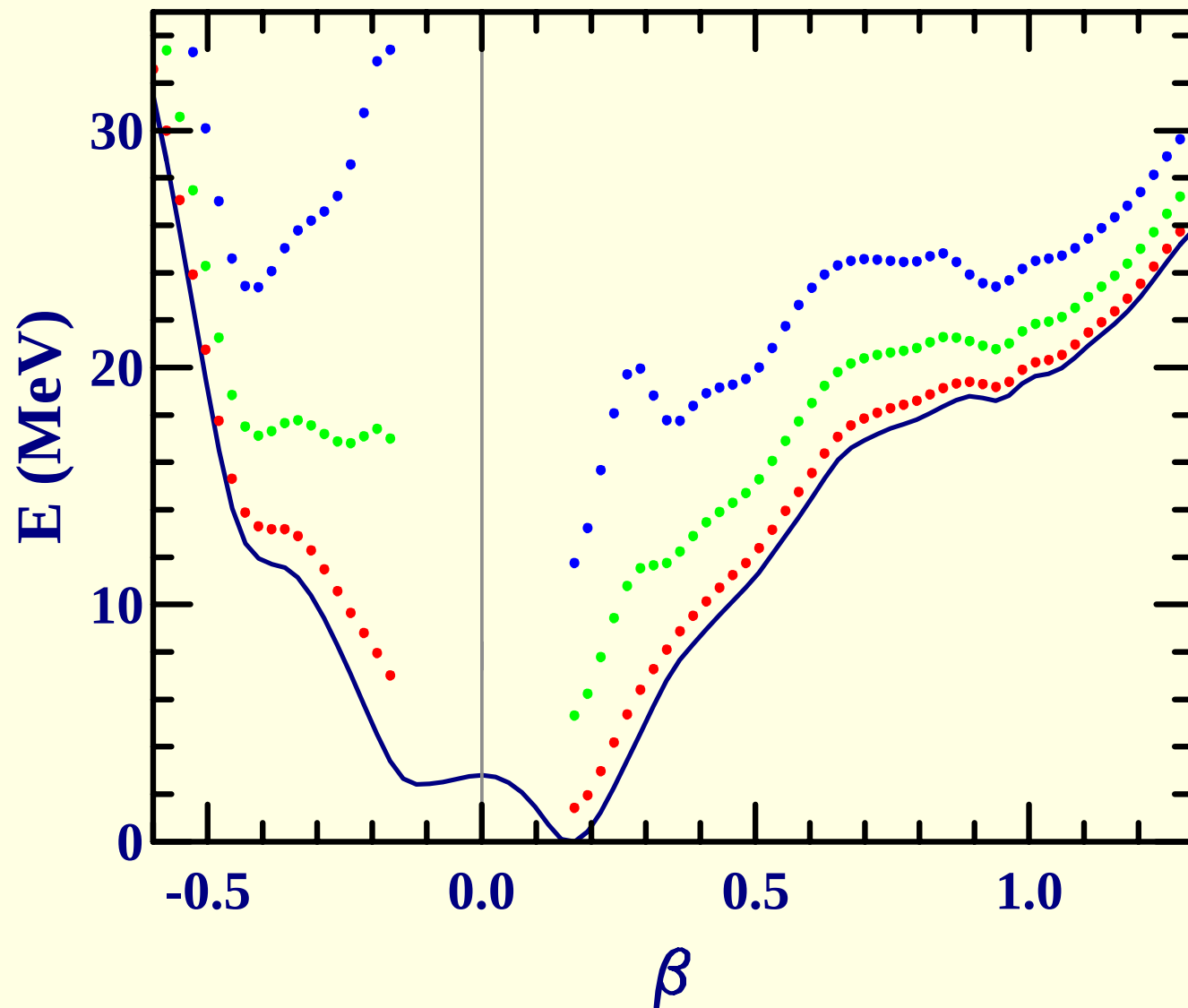


$^{143}_{56}\text{Ba}_{87}$ 

Binding energy

HFB=1179.130 MeV

Exp=1184.33 MeV

