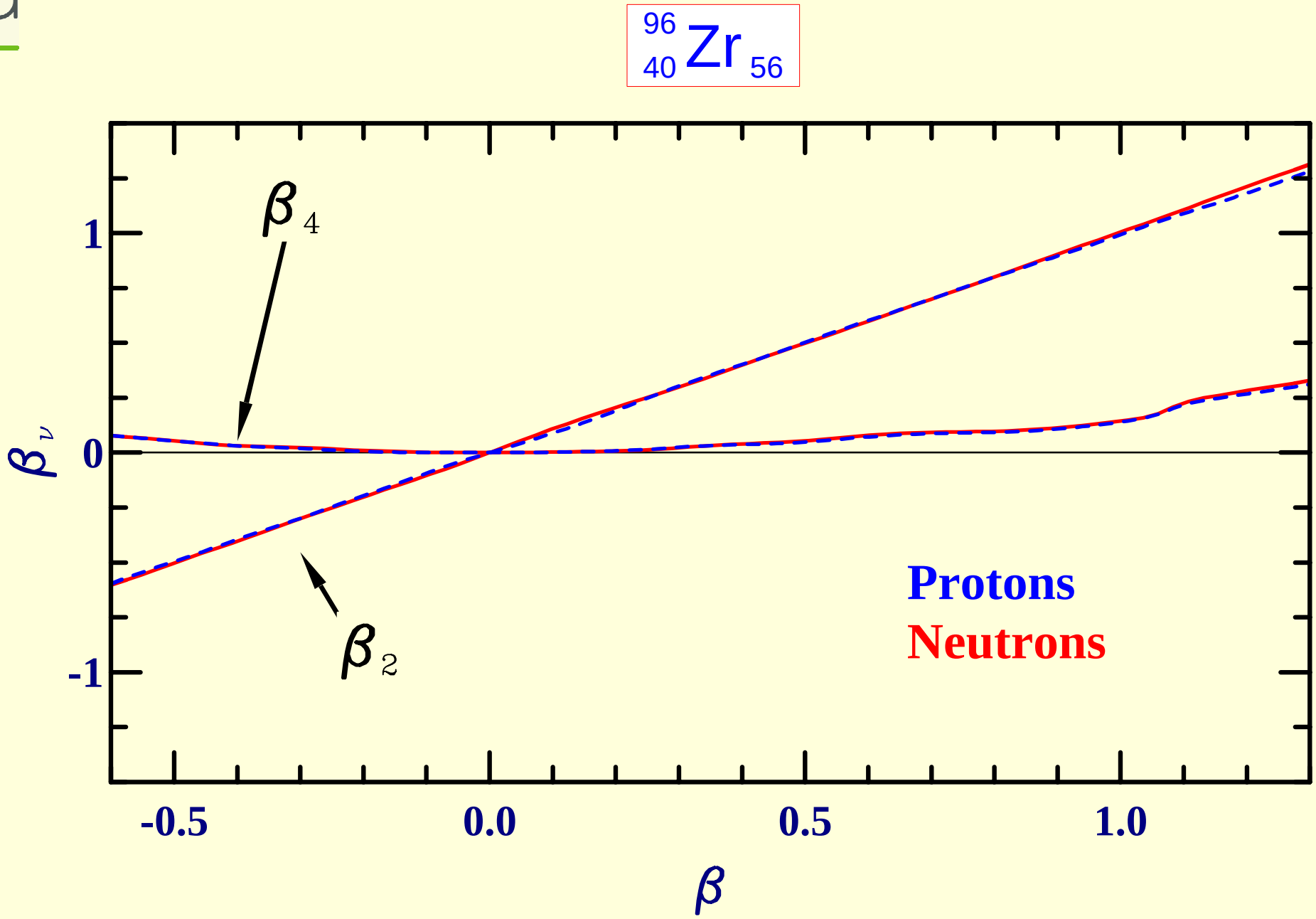
$^{96}_{40}Zr_{56}$
β_4
β_2
Protons
Neutrons
β_ν
β
1
0
-1
-0.5
0.0
0.5
1.0