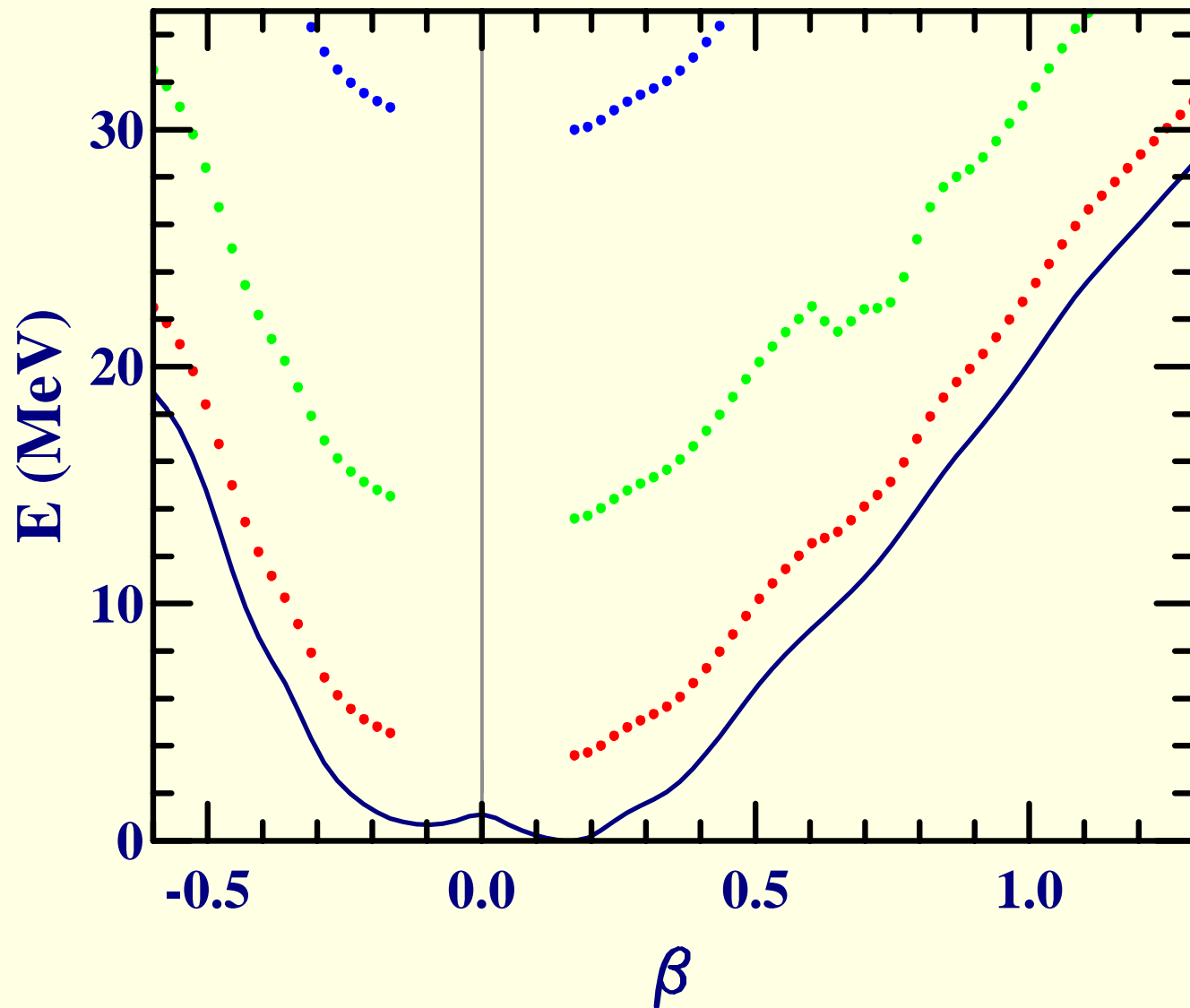




$^{57}_{27}\text{Co}_{30}$



Binding energy

HFB=495.537 MeV

Exp=498.28 MeV

