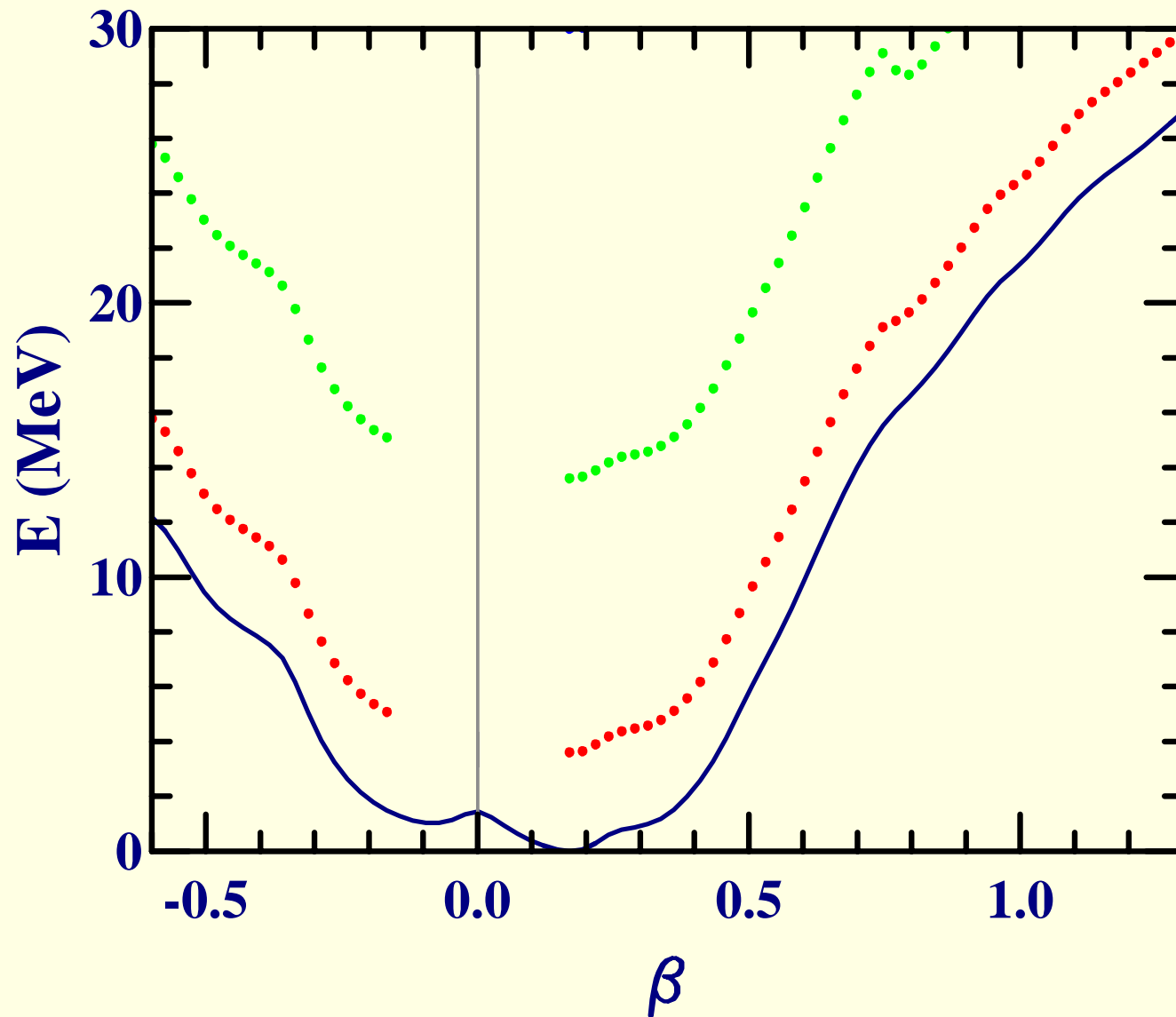


$^{53}_{26}\text{Fe}_{27}$



Binding energy

HFB=455.885 MeV

Exp=458.38 MeV

