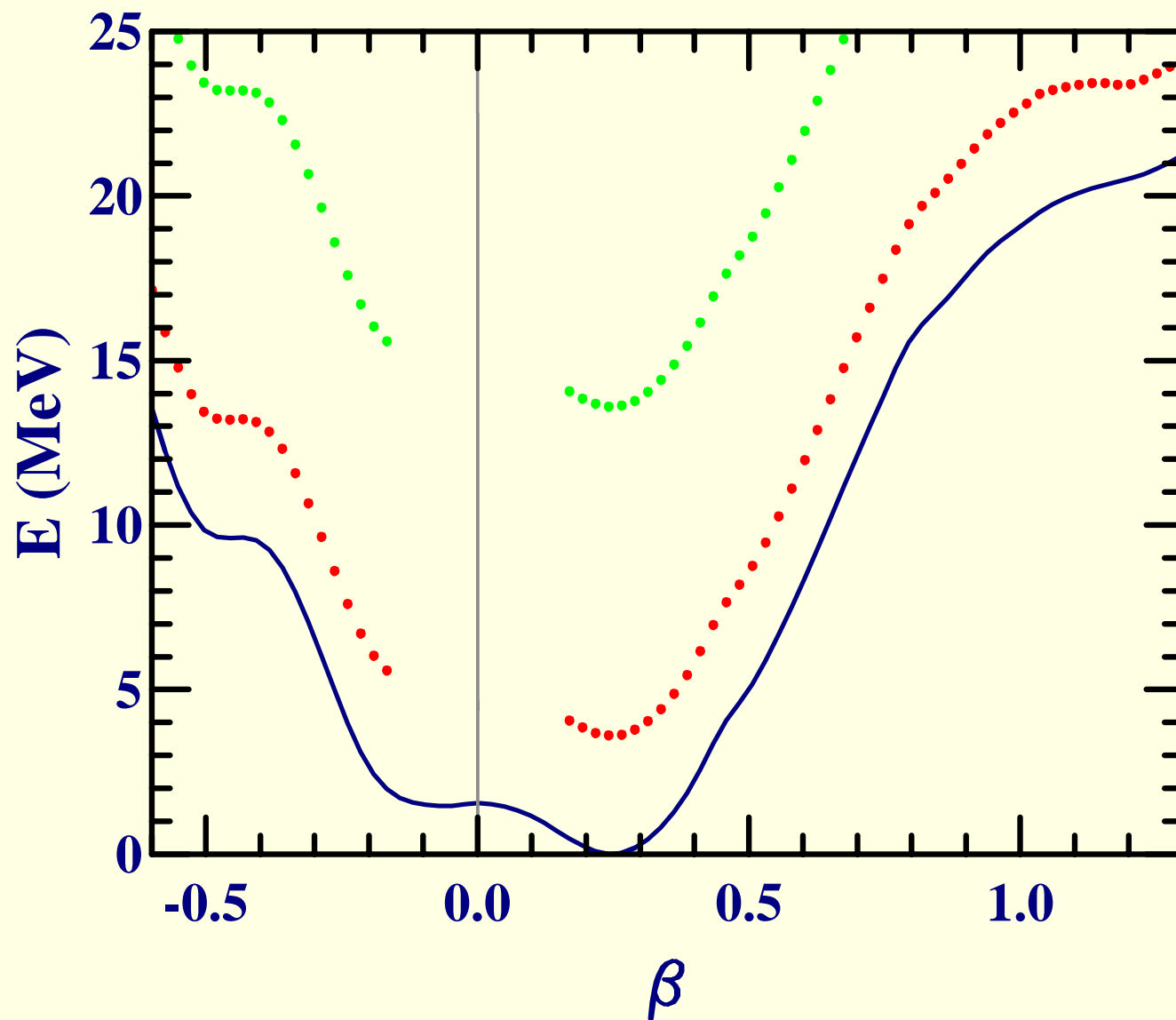


$^{49}_{26}\text{Fe}_{23}$



Binding energy

HFB=399.784 MeV

Exp=399.74 MeV(ext)

