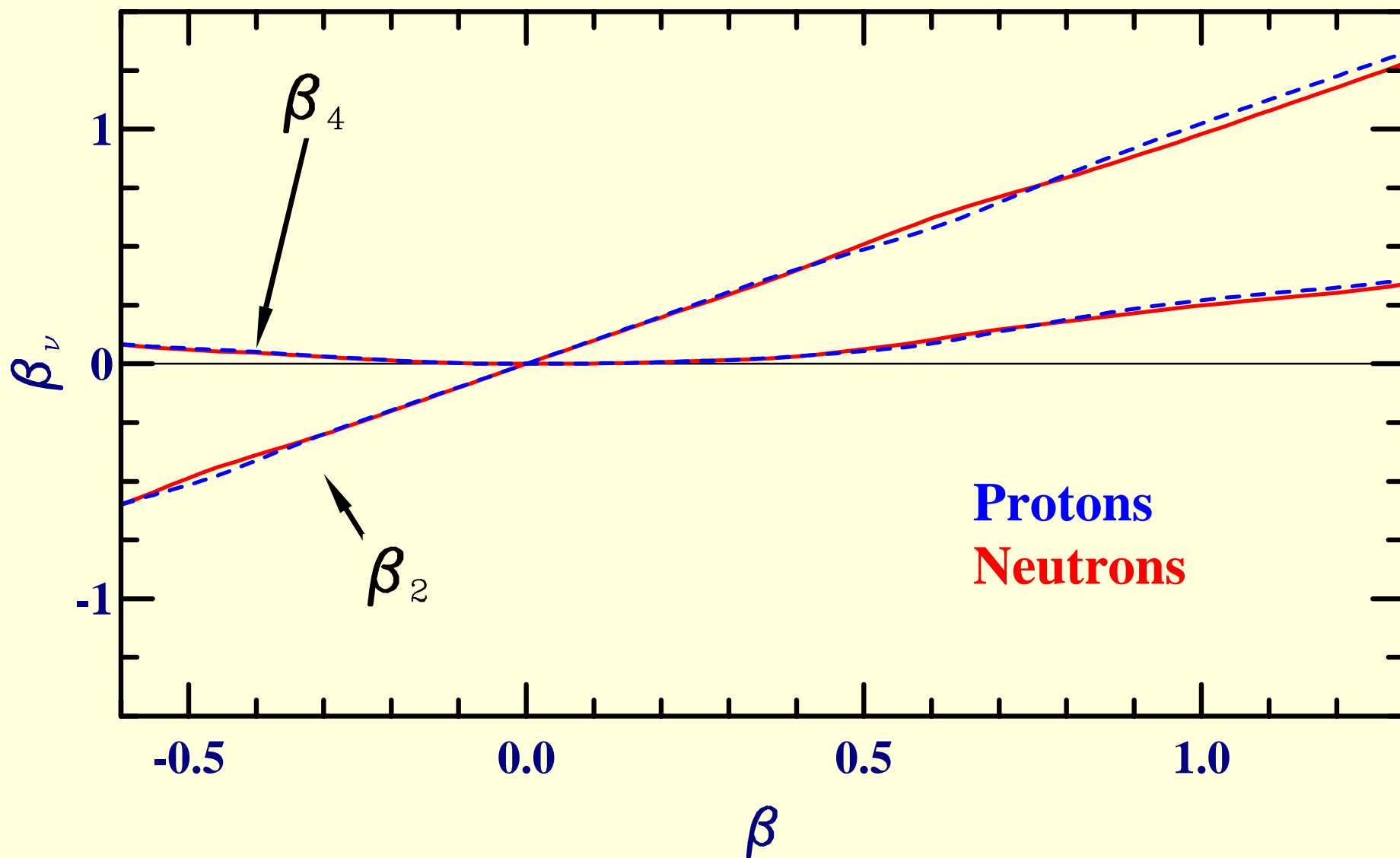


$^{56}_{26}\text{Fe}_{30}$ 

**Protons**  
**Neutrons**