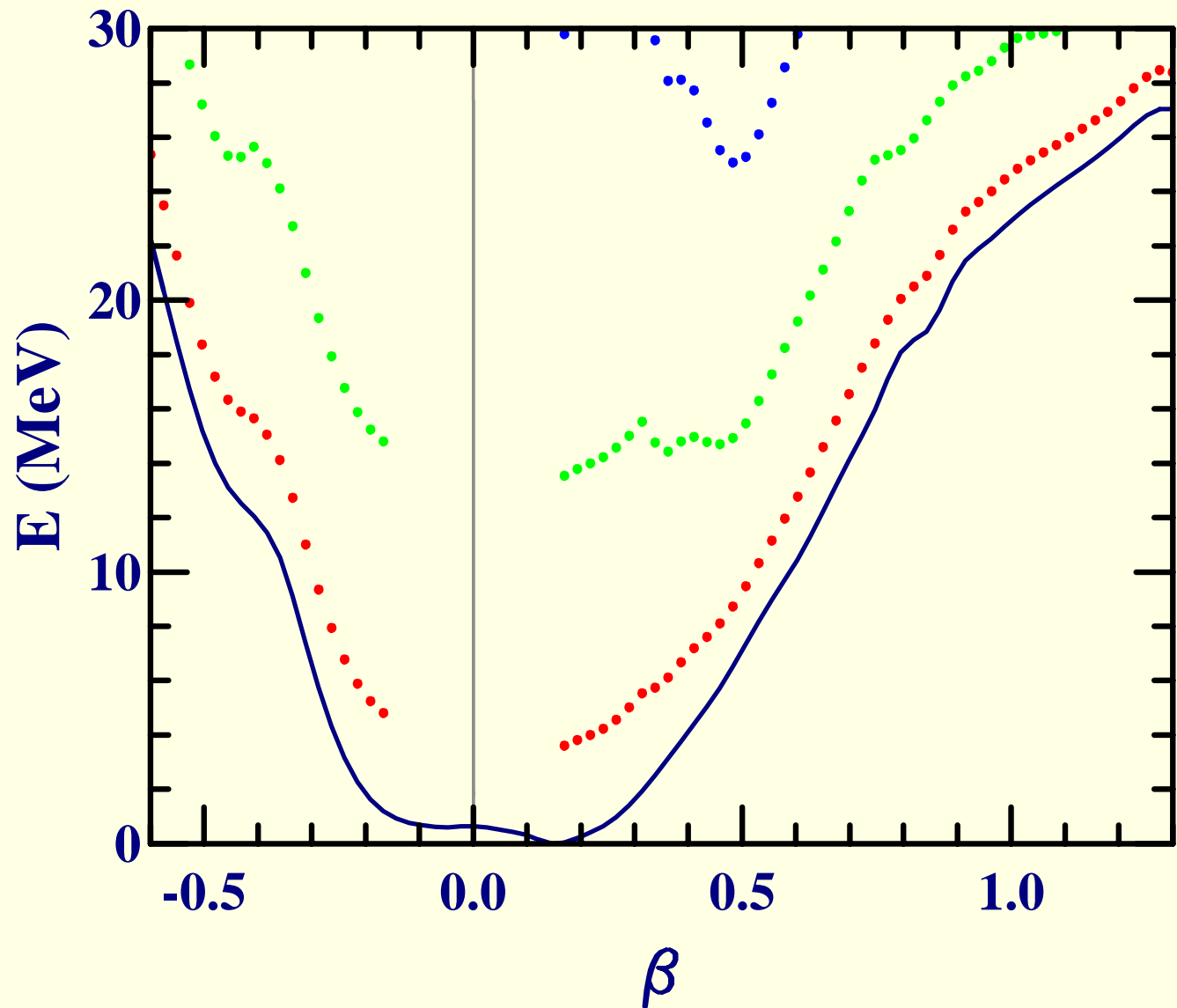


$^{78}_{25}\text{Mn}_{53}$



**Binding energy**

**HFB=574.448 MeV**

**Exp=?**

