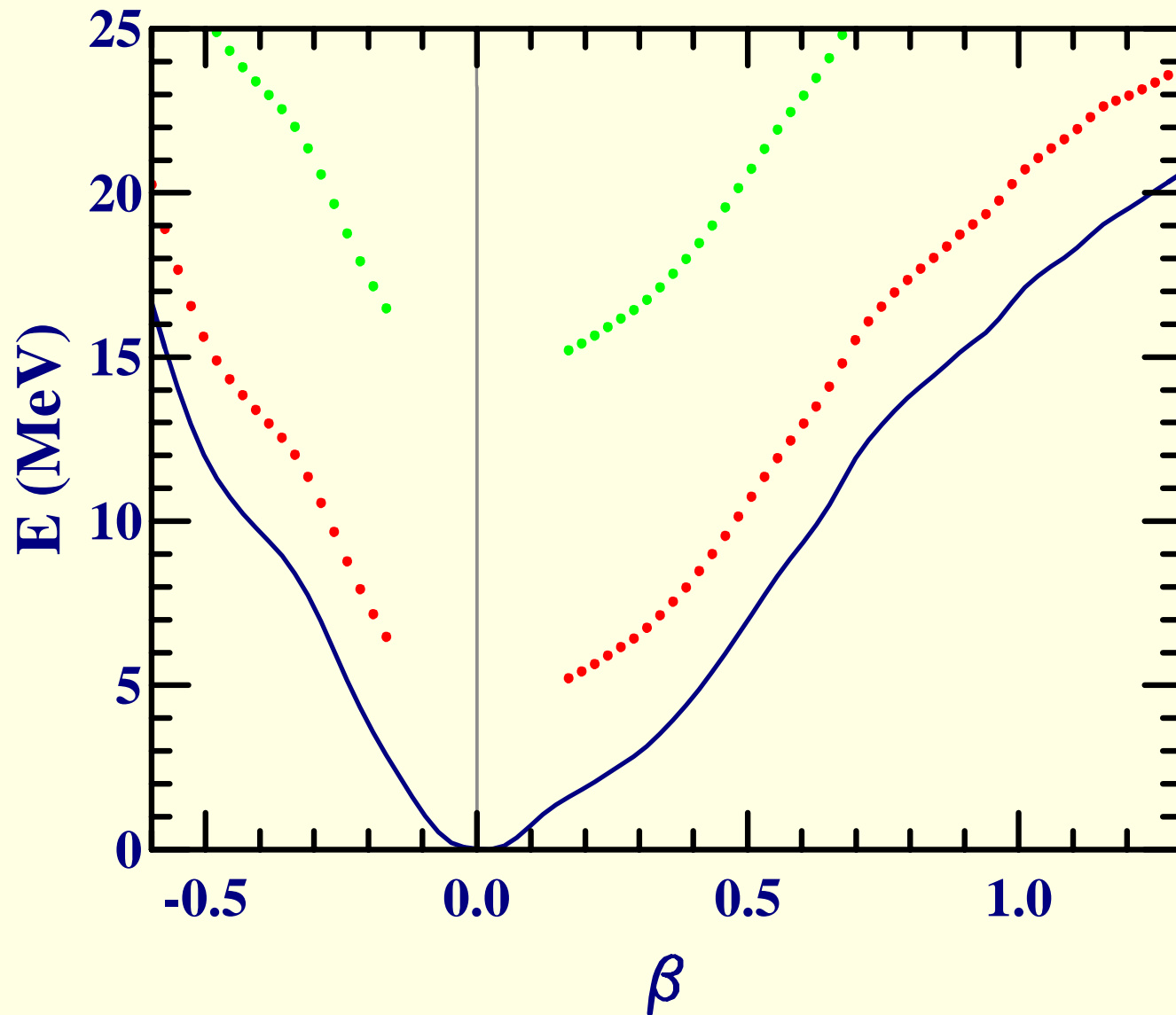


$^{45}_{25}\text{Mn}_{20}$ 

## Binding energy

HFB=351.016 MeV

Exp=348.76 MeV(ext)

