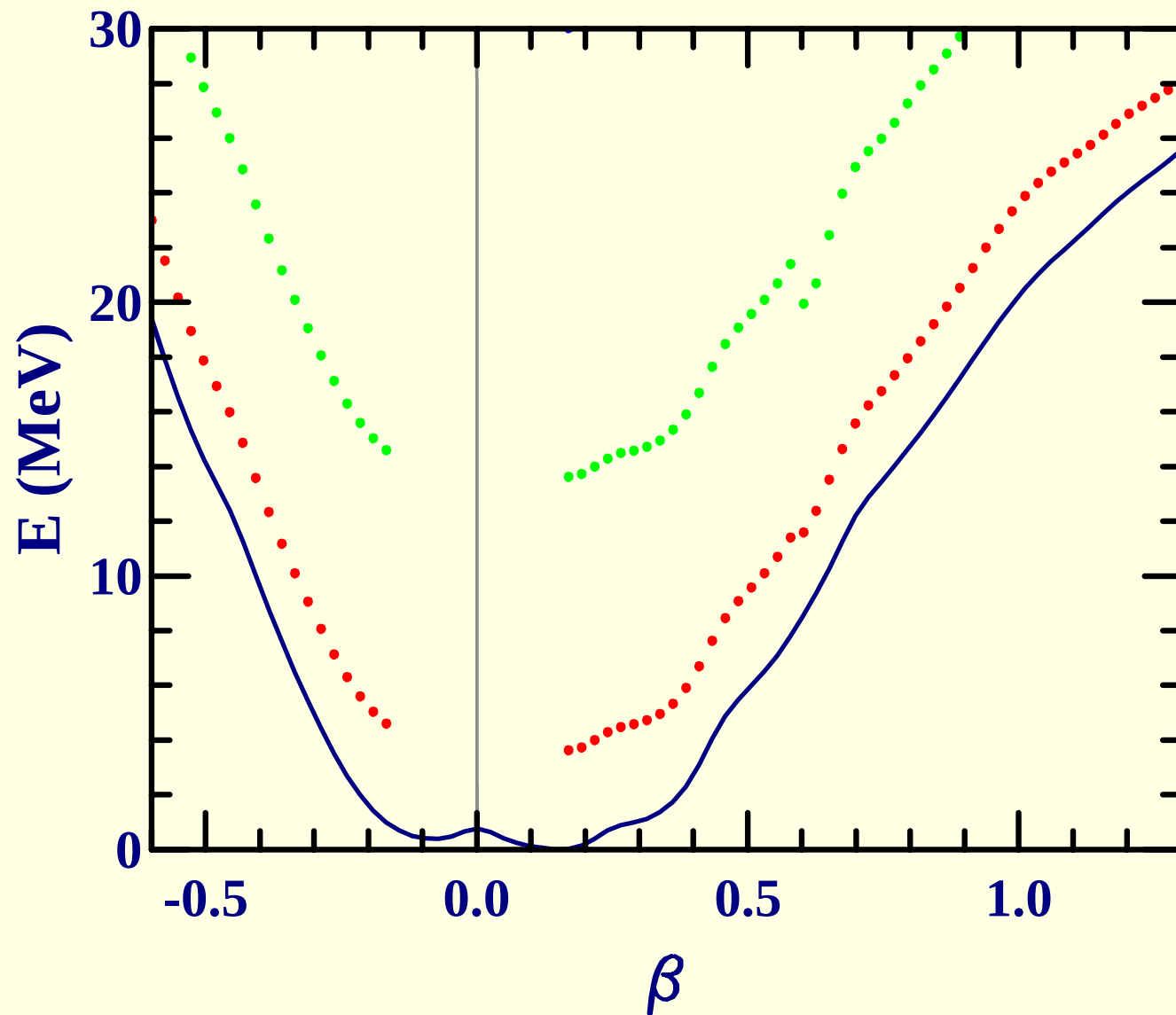


$^{53}_{24}\text{Cr}_{29}$ **Binding energy**

HFB=461.921 MeV

Exp=464.28 MeV

