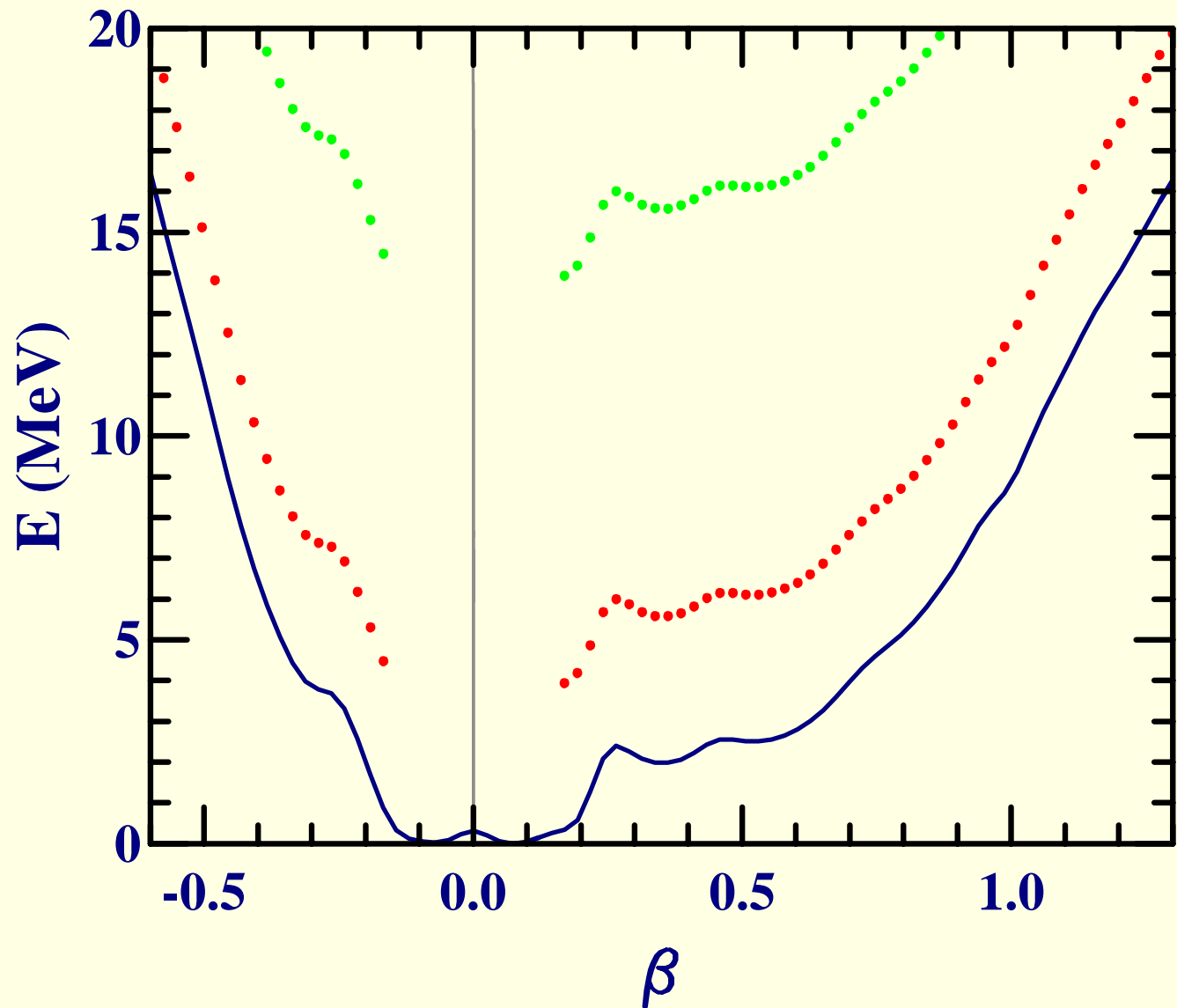


$^{30}_{11}\text{Na}_{19}$



Energie de liaison

HFB=224.006 MeV
Exp=224.94 MeV

