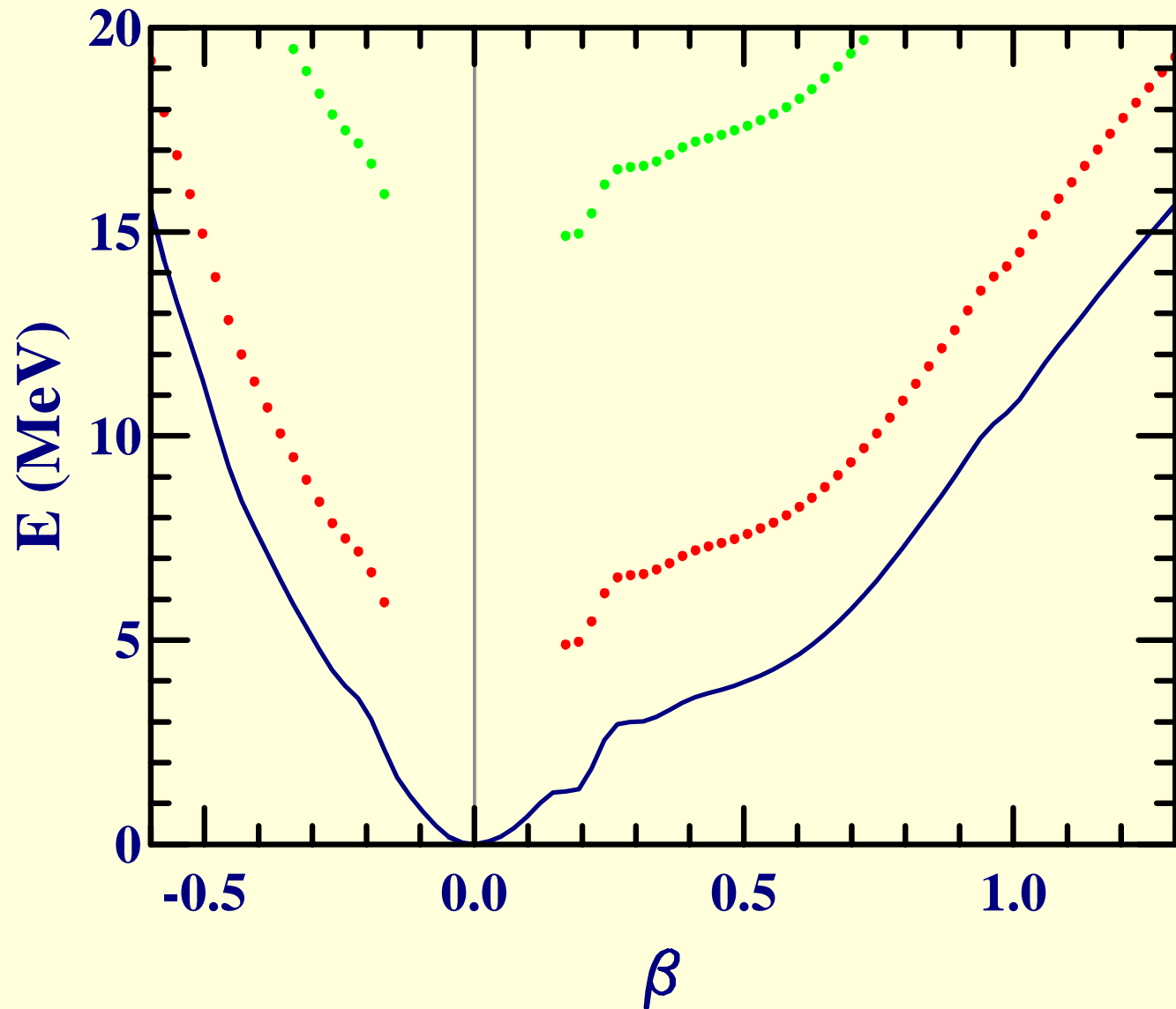


${}^{30}_{10}\text{Ne}_{20}$ 

Energie de liaison

HFB=209.920 MeV

Exp=212.08 MeV

