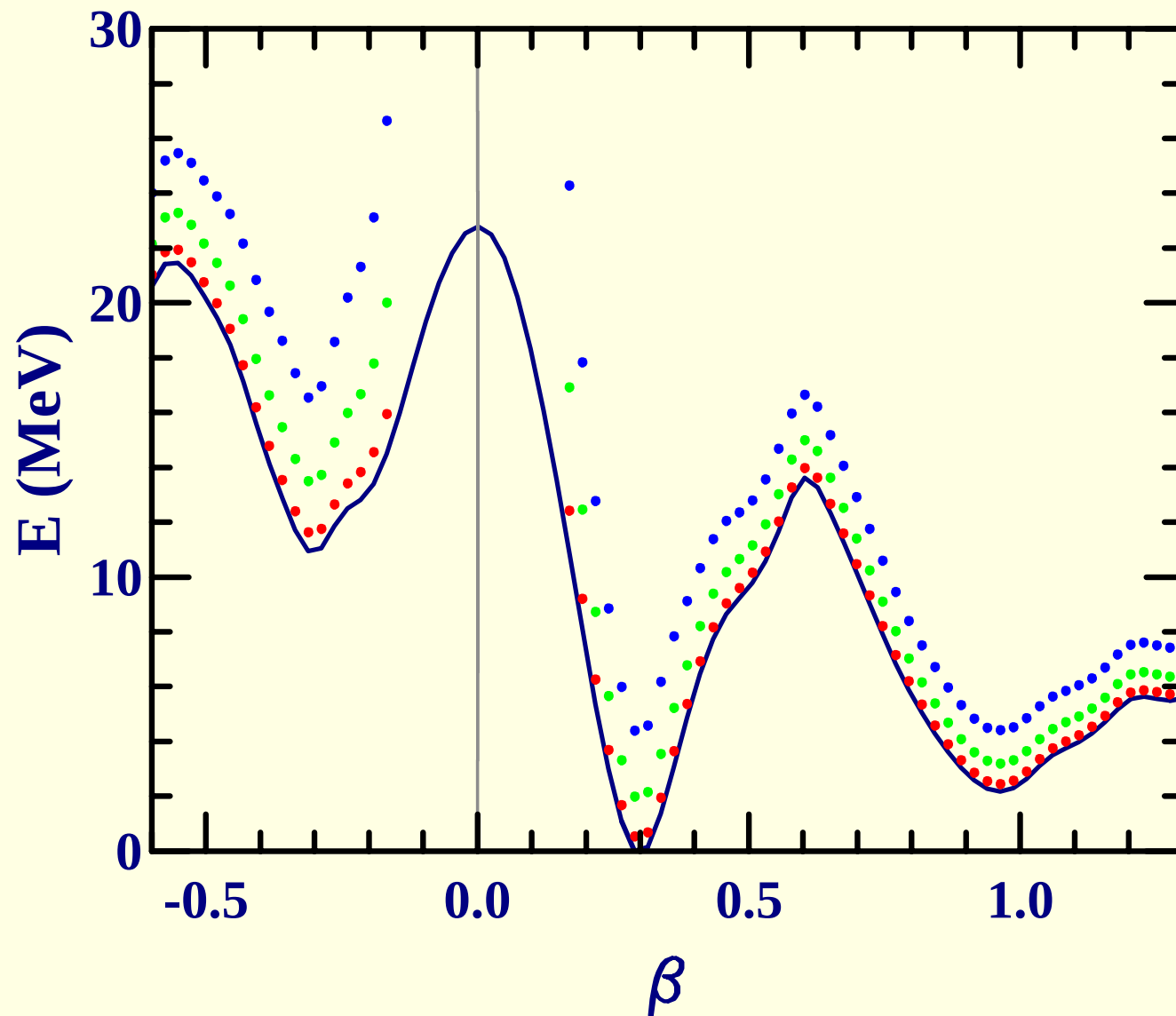


$^{256}_{103}\text{Lr}_{153}$



Binding energy

HFB=1887.080 MeV

Exp=1893.68 MeV(ext)

