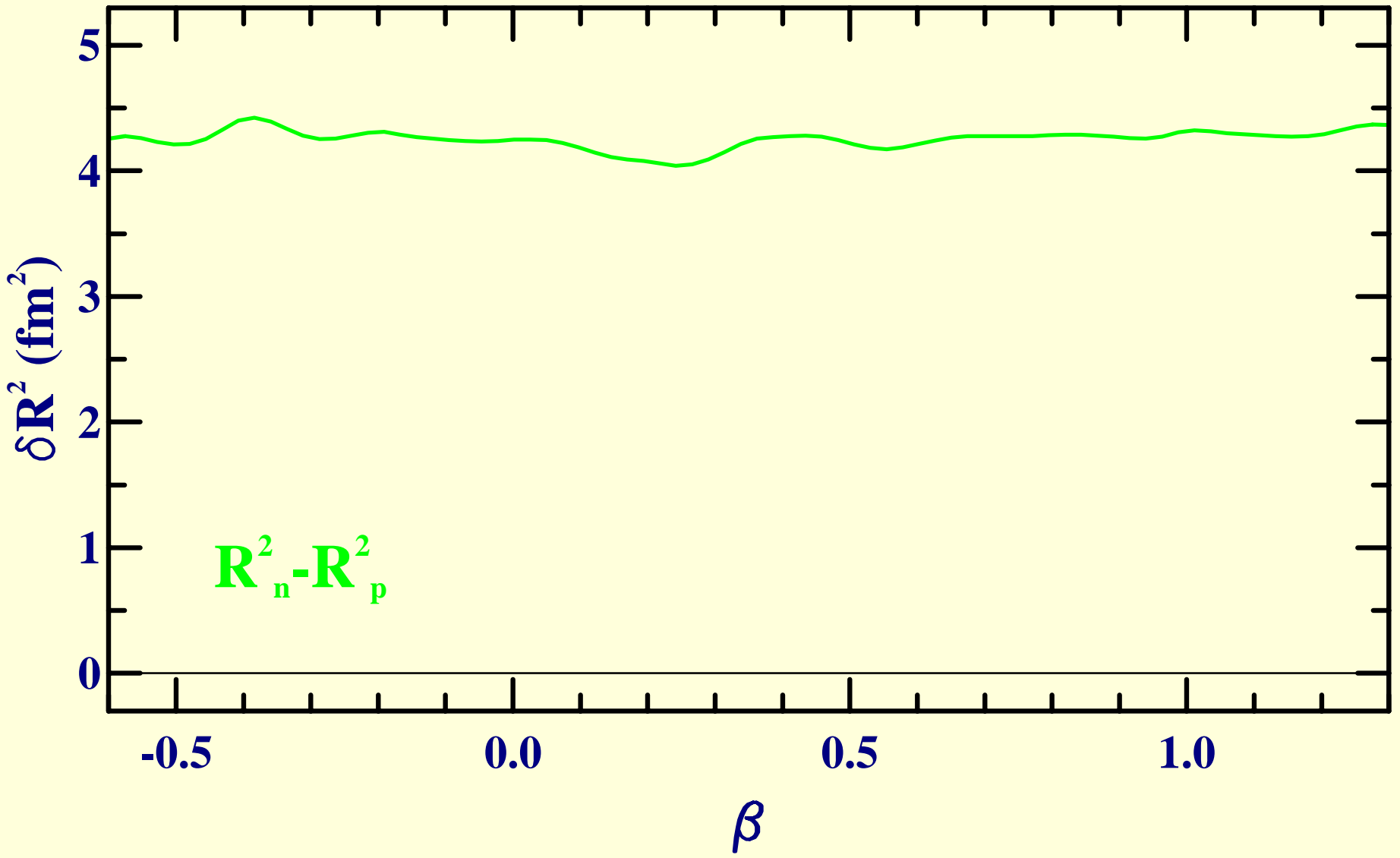


$^{236}_{76}\text{Os}_{160}$



$R_n^2 - R_p^2$