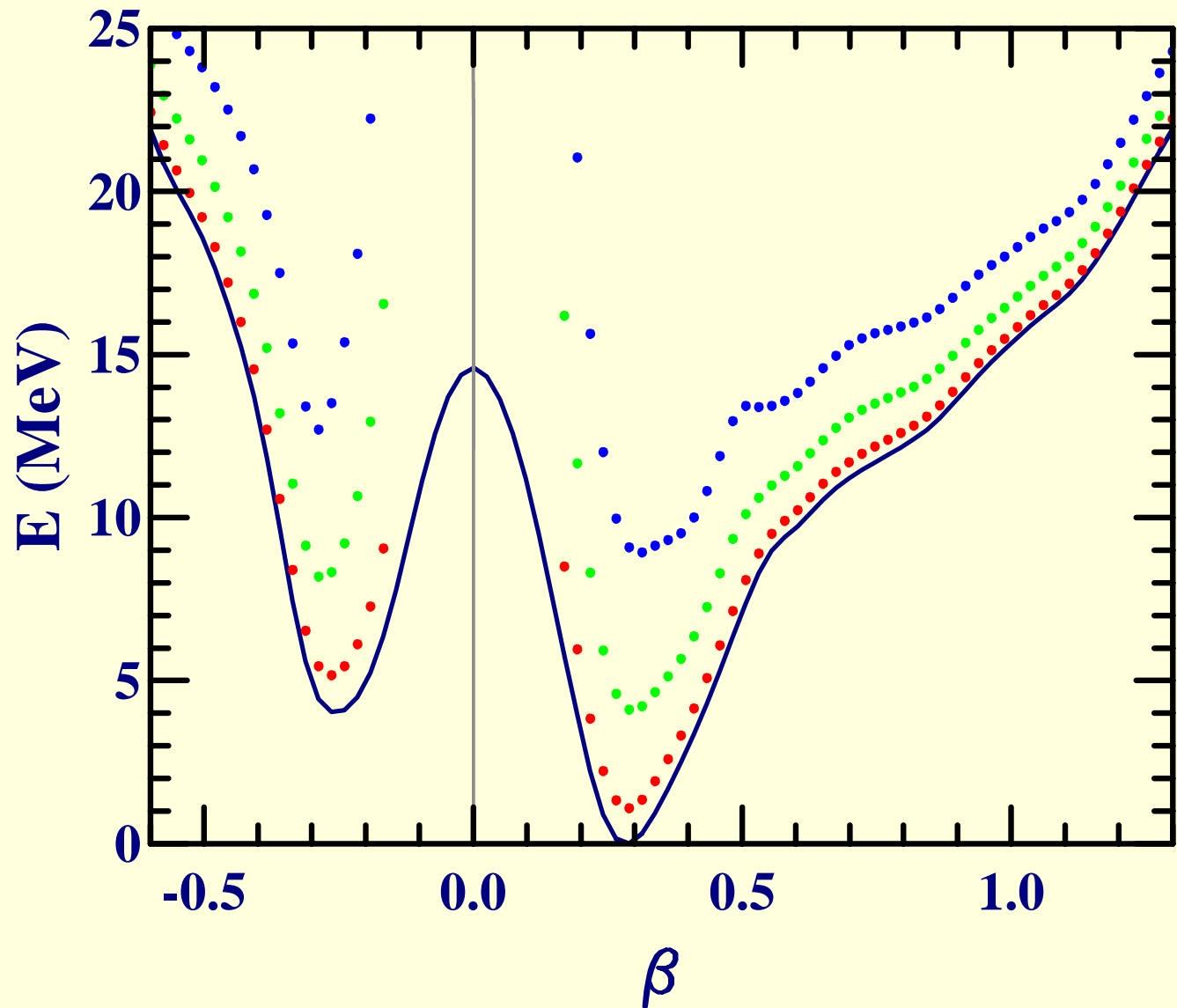


$^{226}_{72}\text{Hf}_{154}$



**Binding energy**

**HFB=1568.420 MeV**

**Exp=?**

