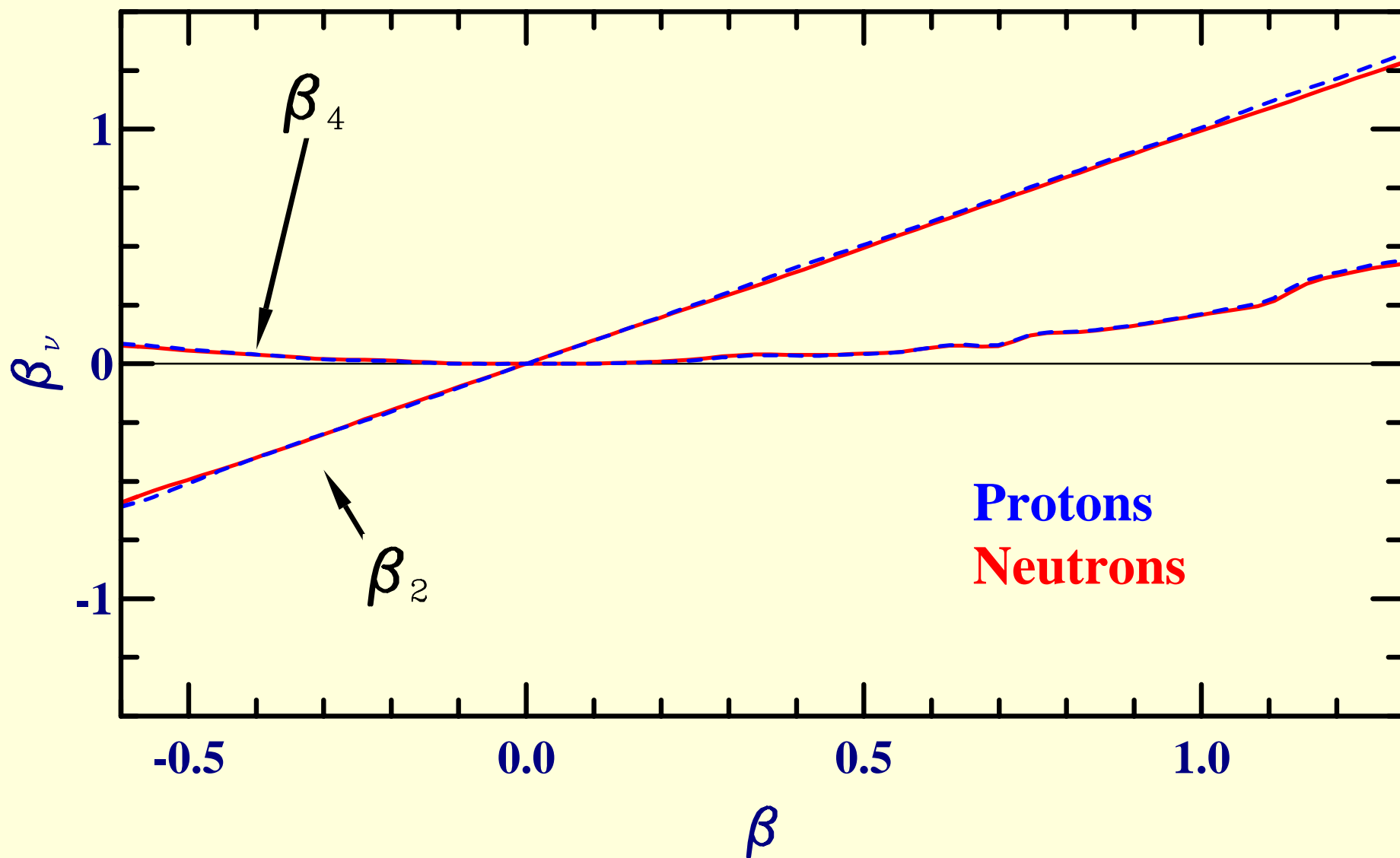


$^{164}_{72}\text{Hf}_{92}$ 

Protons
Neutrons