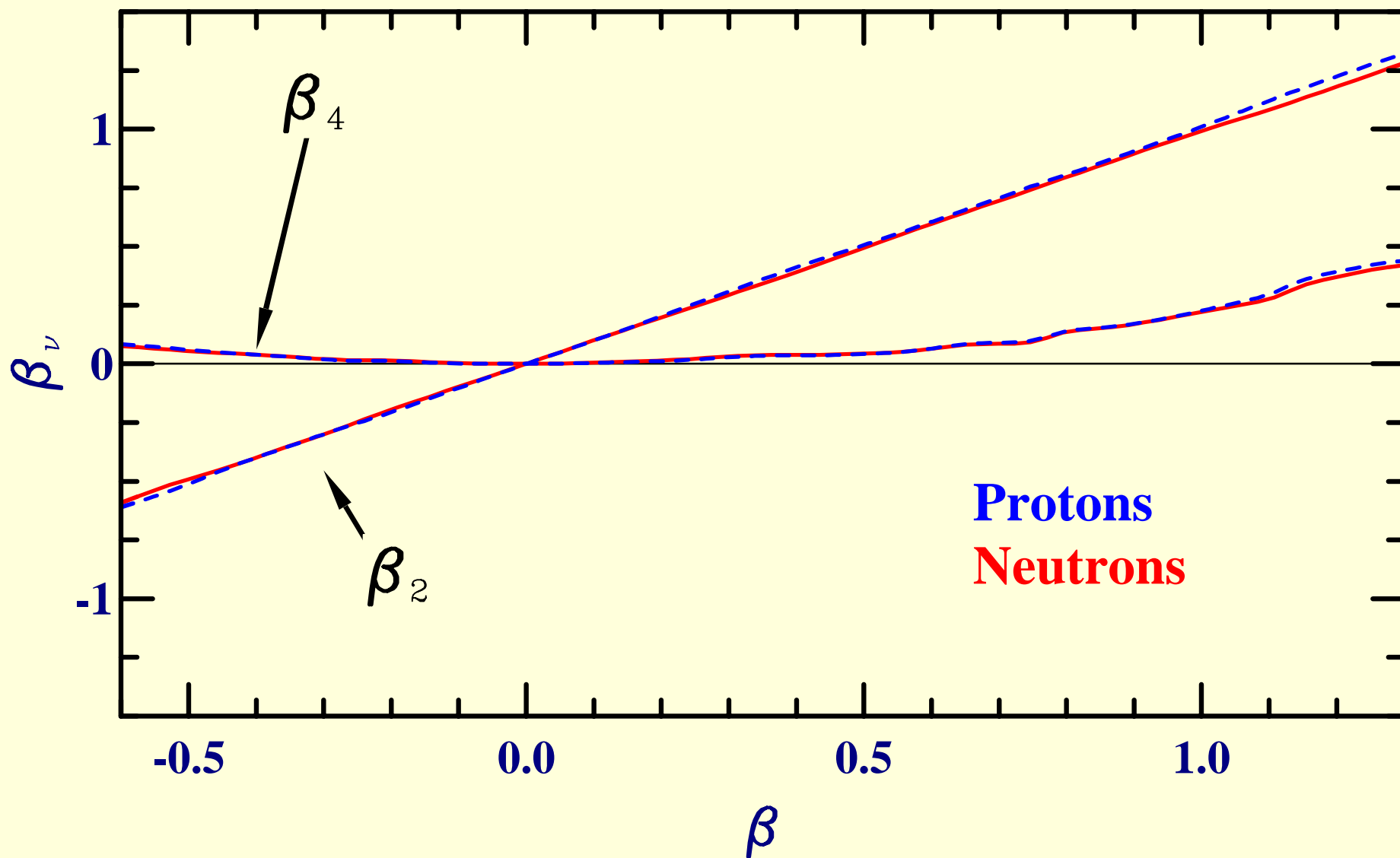


$^{162}_{72}\text{Hf}_{90}$ 

Protons
Neutrons