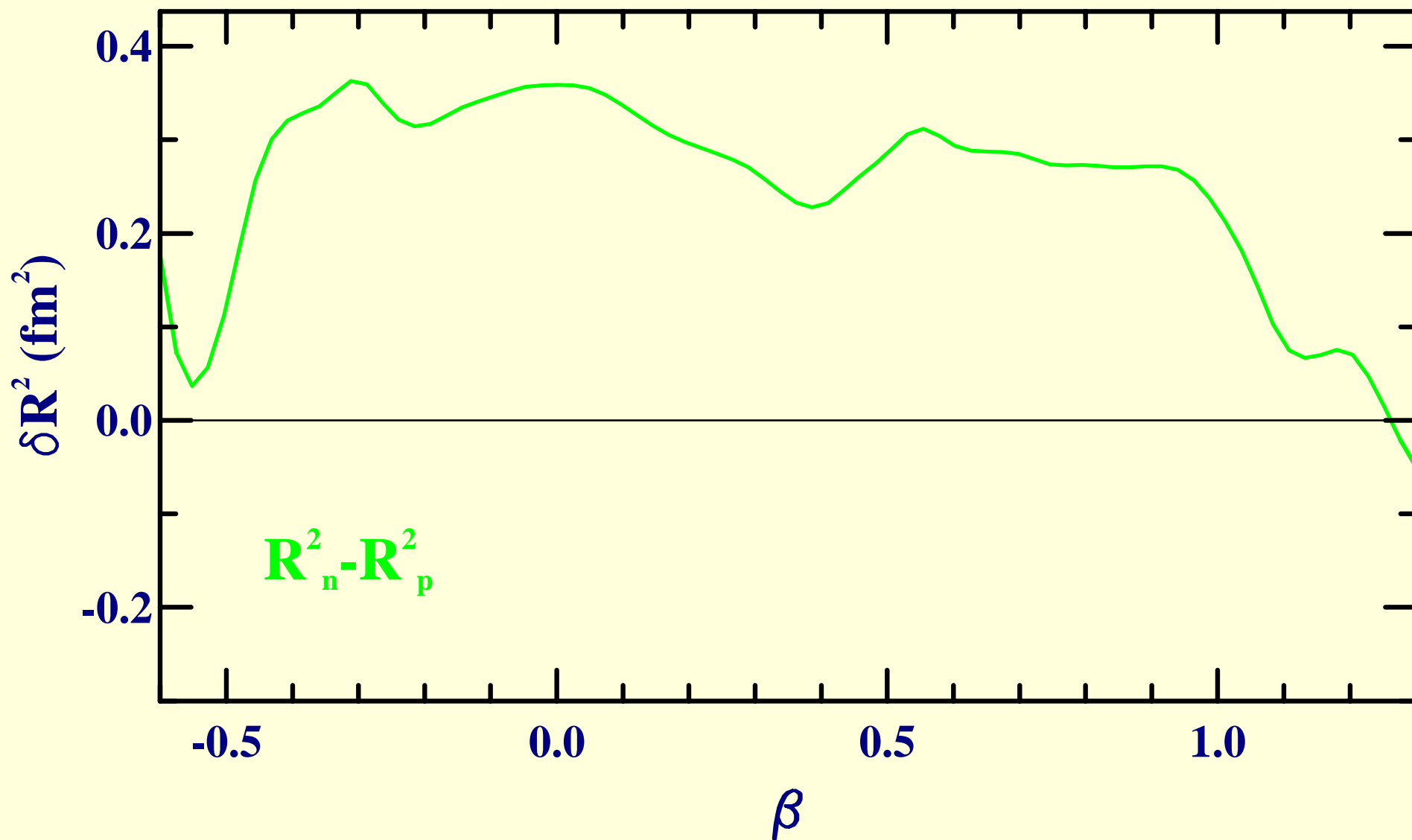


$^{164}_{72}\text{Hf}_{92}$



$R_n^2 - R_p^2$