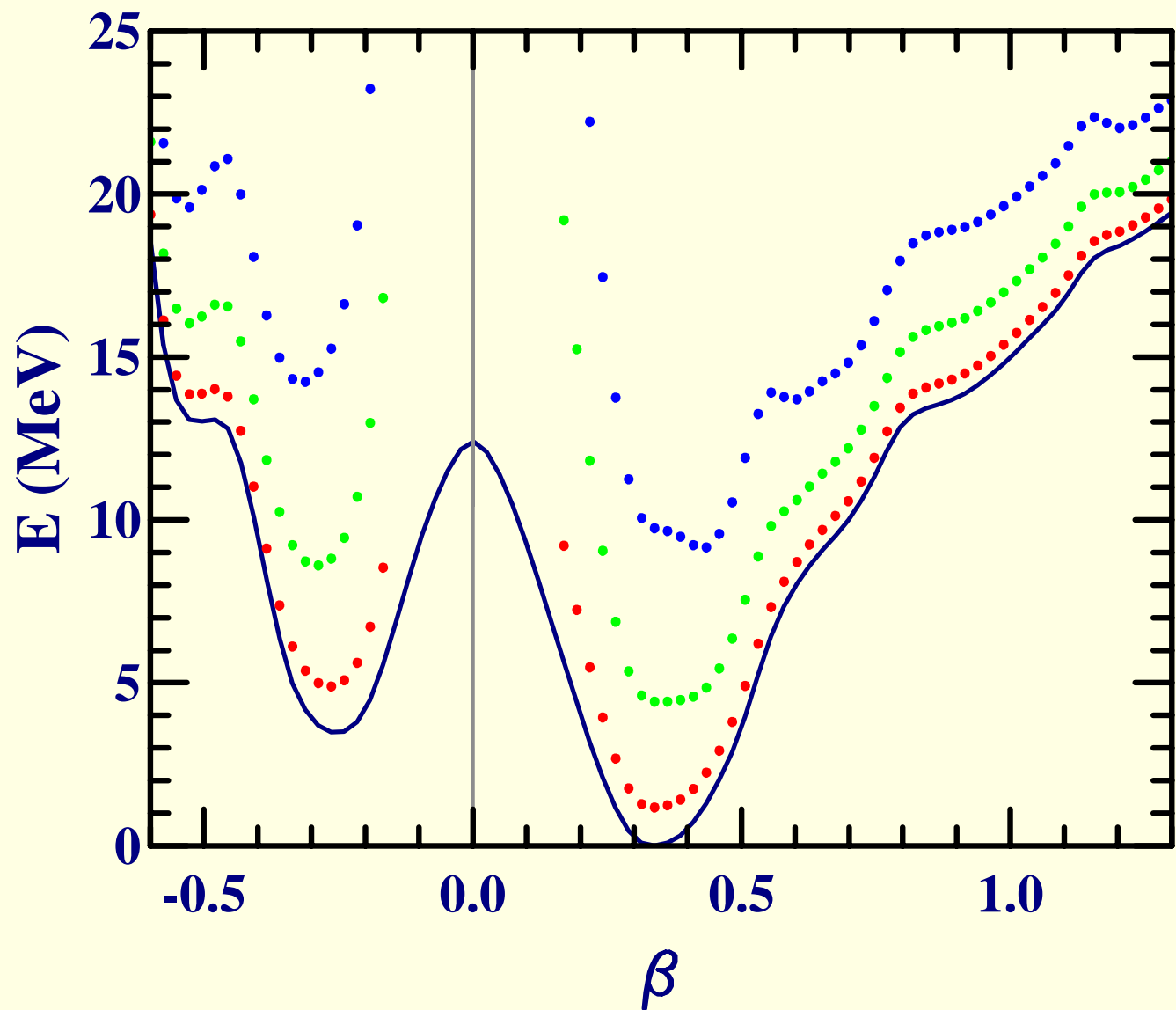


$^{164}_{69}\text{Tm}_{95}$



**Binding energy**

**HFB=1327.310 MeV**

**Exp=1331.70 MeV**

