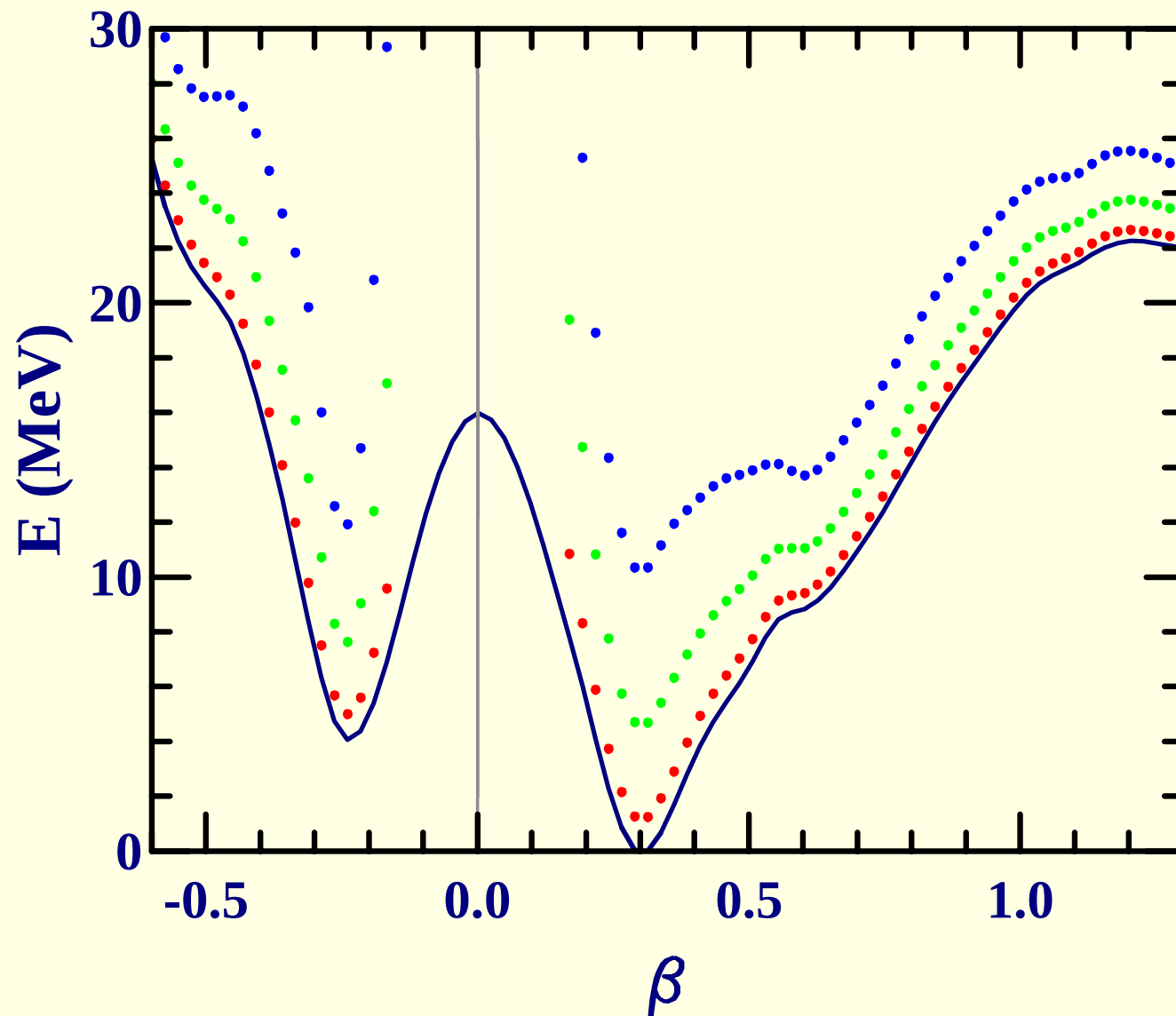


$^{179}_{69}\text{Tm}_{110}$ 

Binding energy

HFB=1425.040 MeV

Exp=1432.38 MeV(ext)

