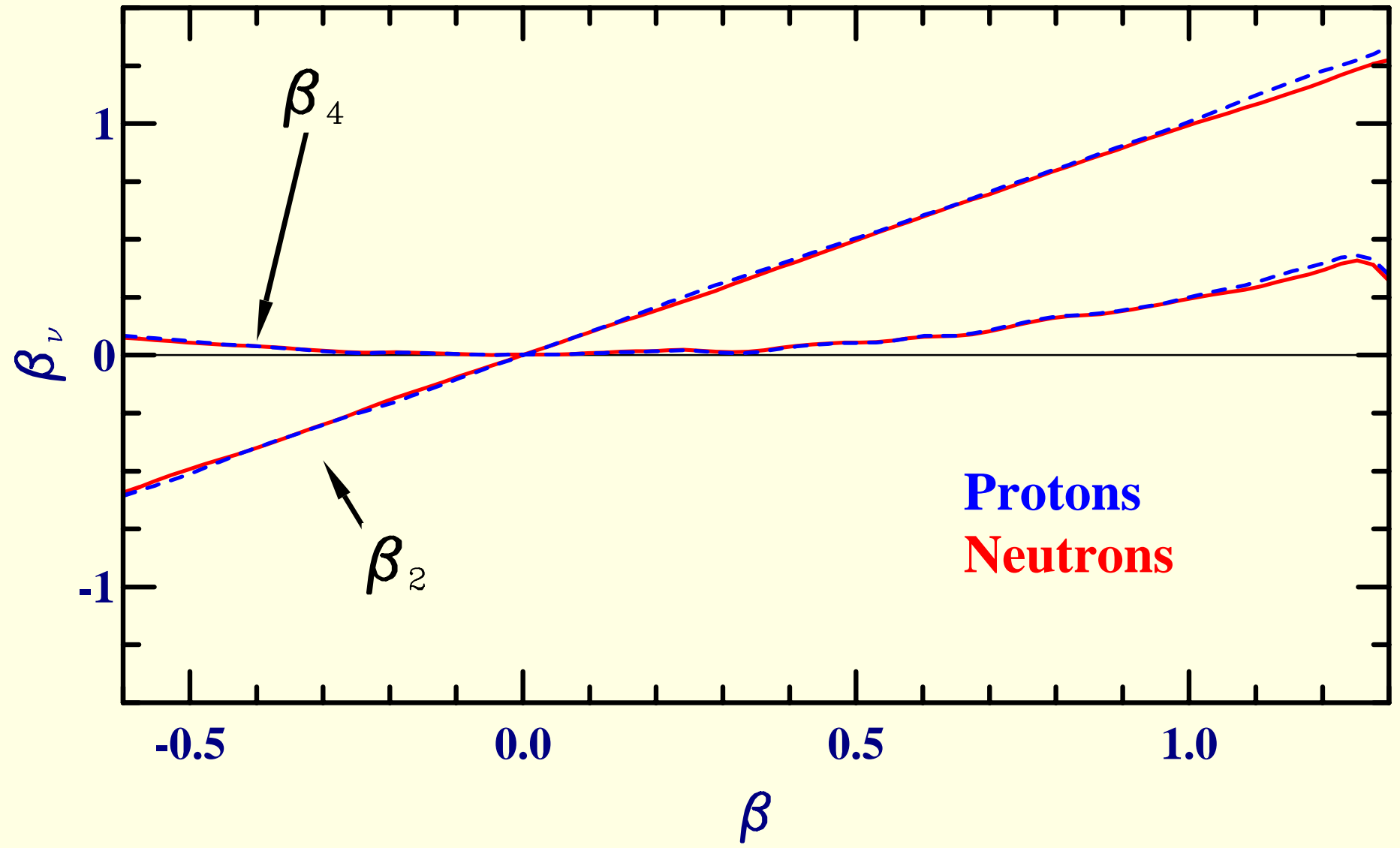


$^{157}_{69}\text{Tm}_{88}$



Protons
Neutrons