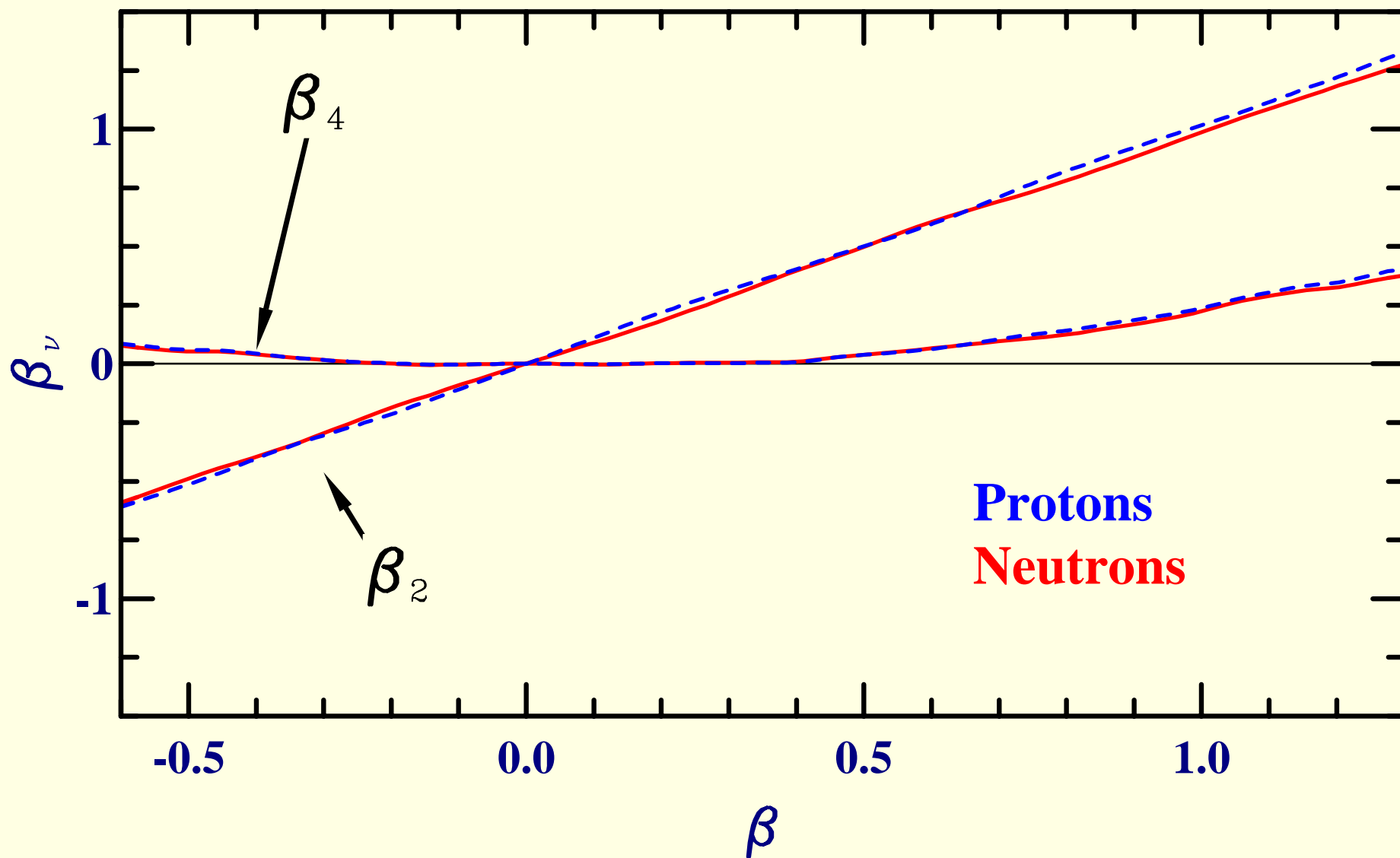


$^{149}_{69}\text{Tm}_{80}$ 

Protons
Neutrons