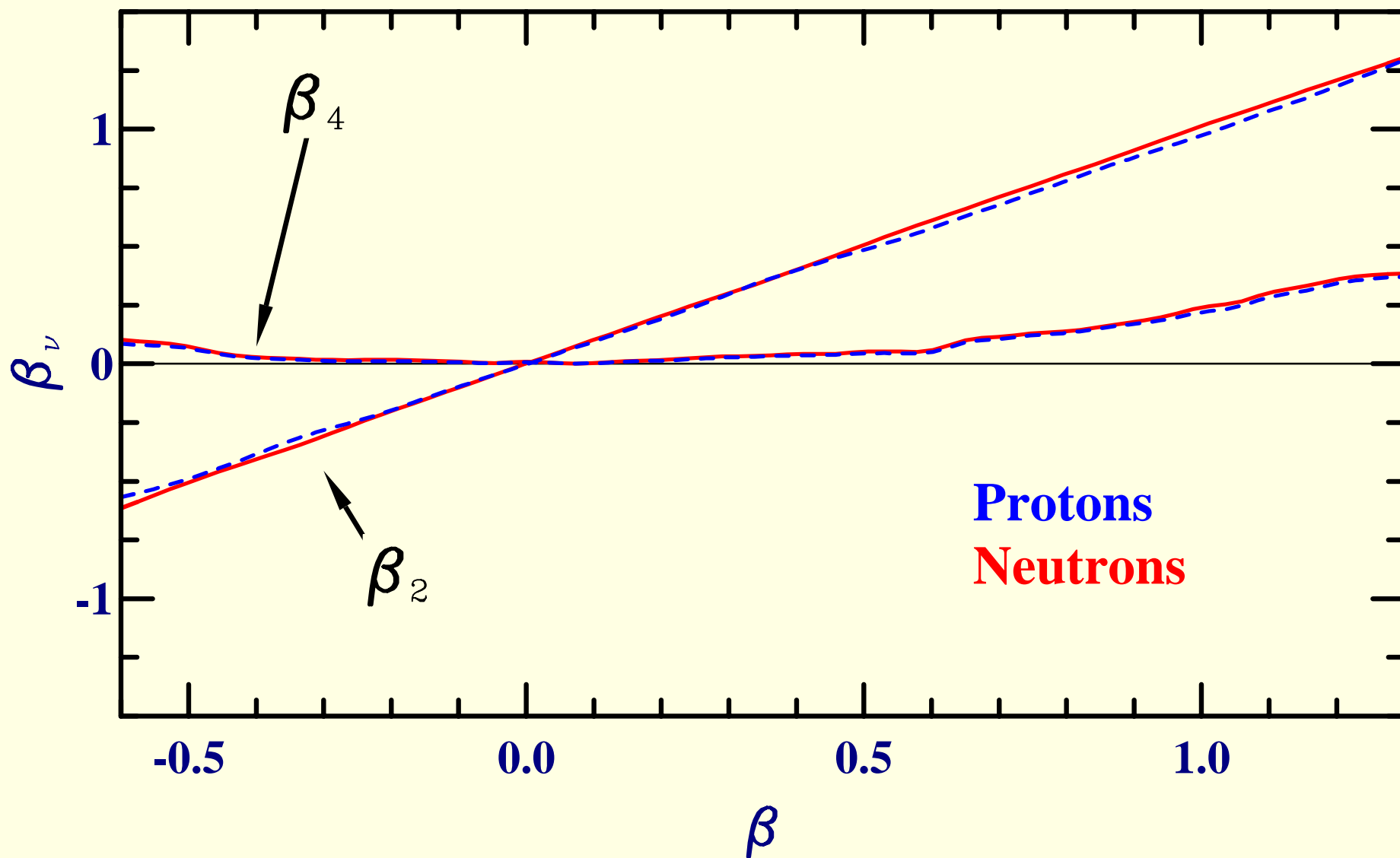


$^{214}_{69}\text{Tm}_{145}$ 

**Protons**  
**Neutrons**