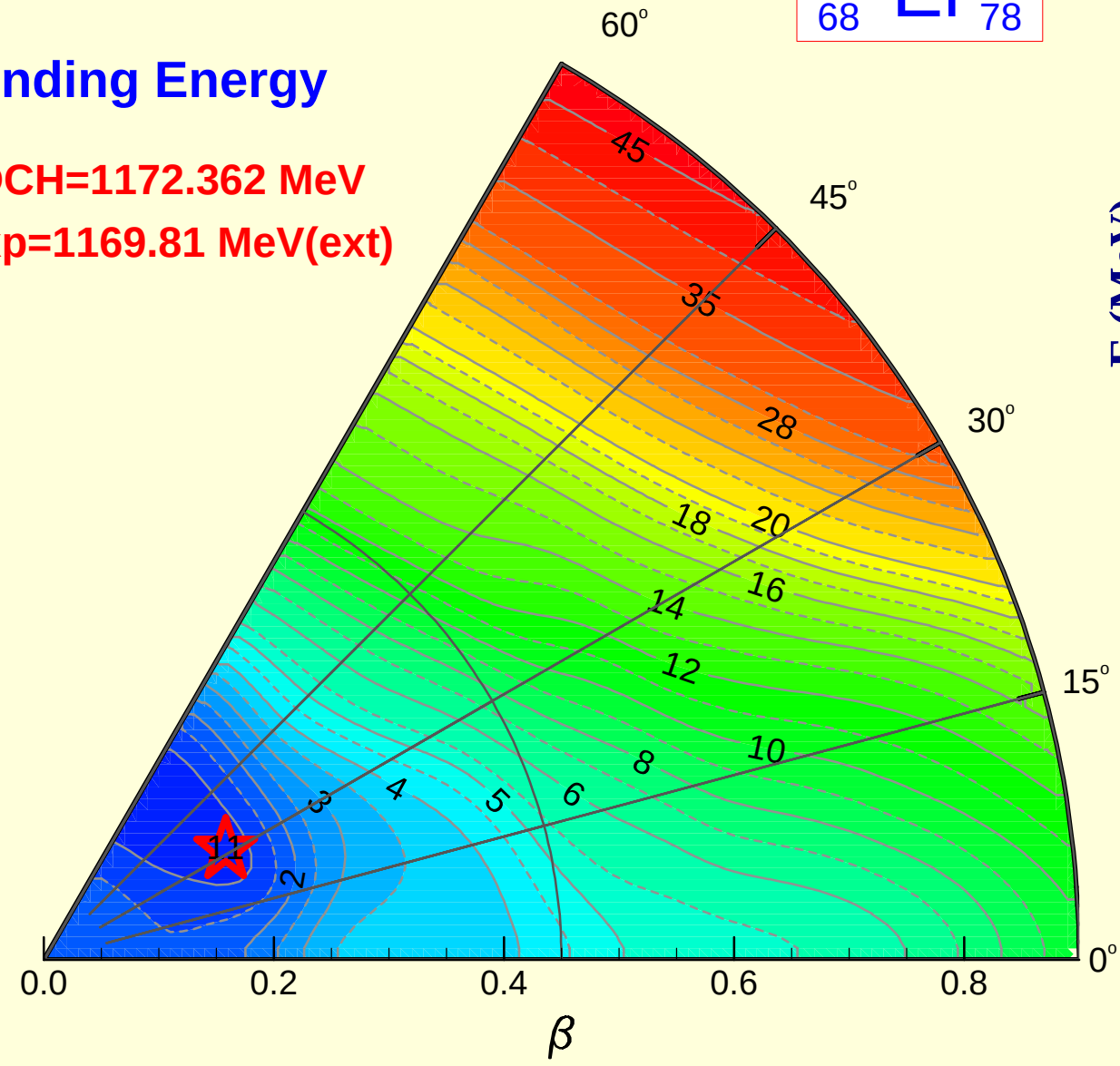
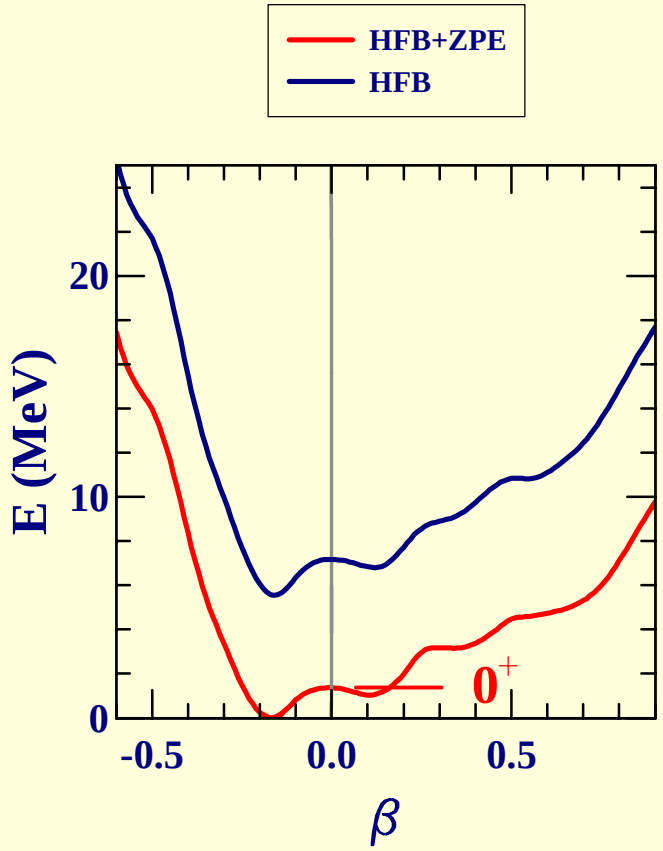
# Binding Energy

**5DCH=1172.362 MeV**

**Exp=1169.81 MeV(ext)**

$^{146}_{68}Er_{78}$




HFB-D1S Bruyères-le-Châtel