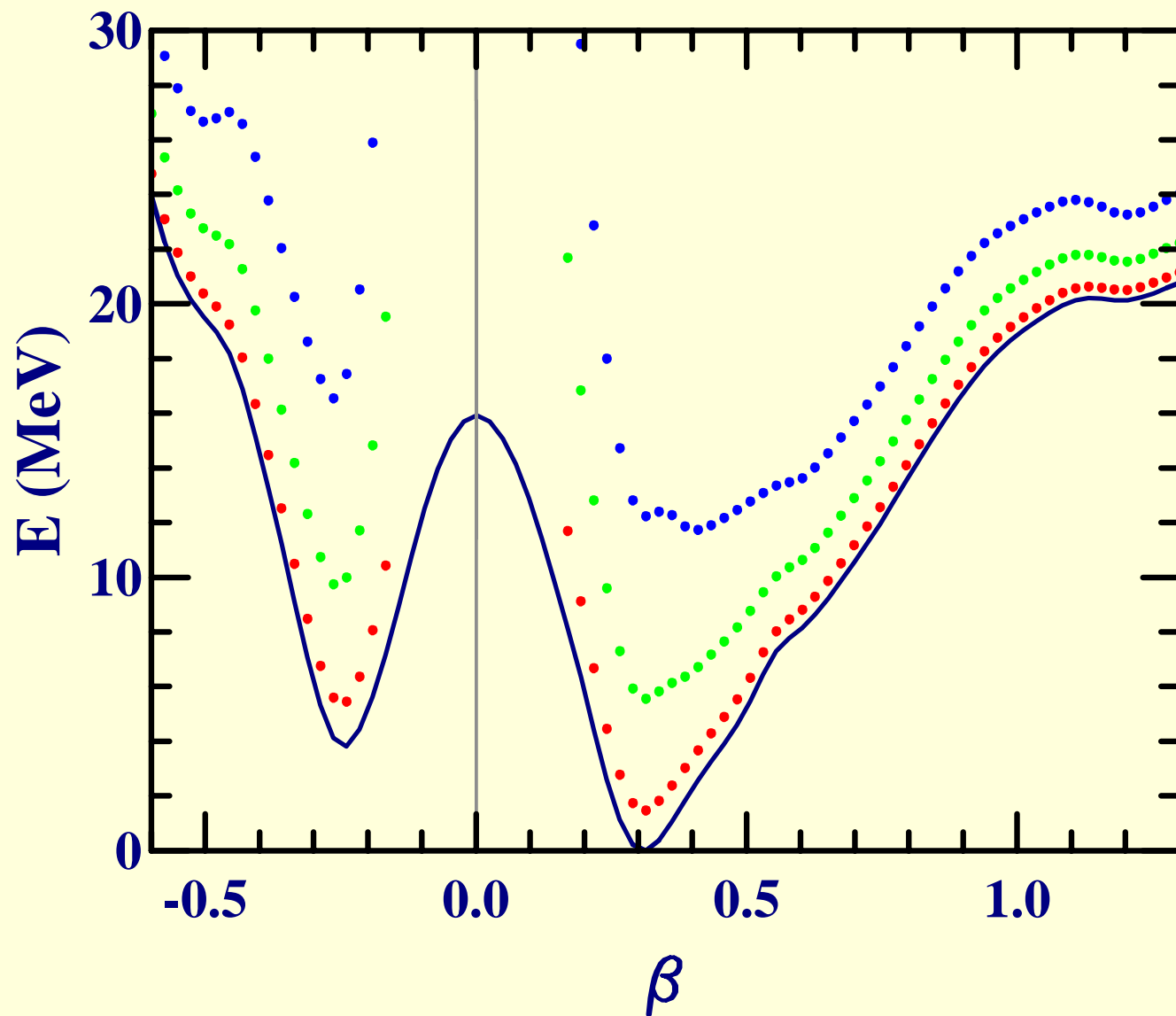




$^{176}_{68}\text{Er}_{108}$



### Binding energy

HFB=1405.510 MeV  
Exp=1413.66 MeV(ext)

