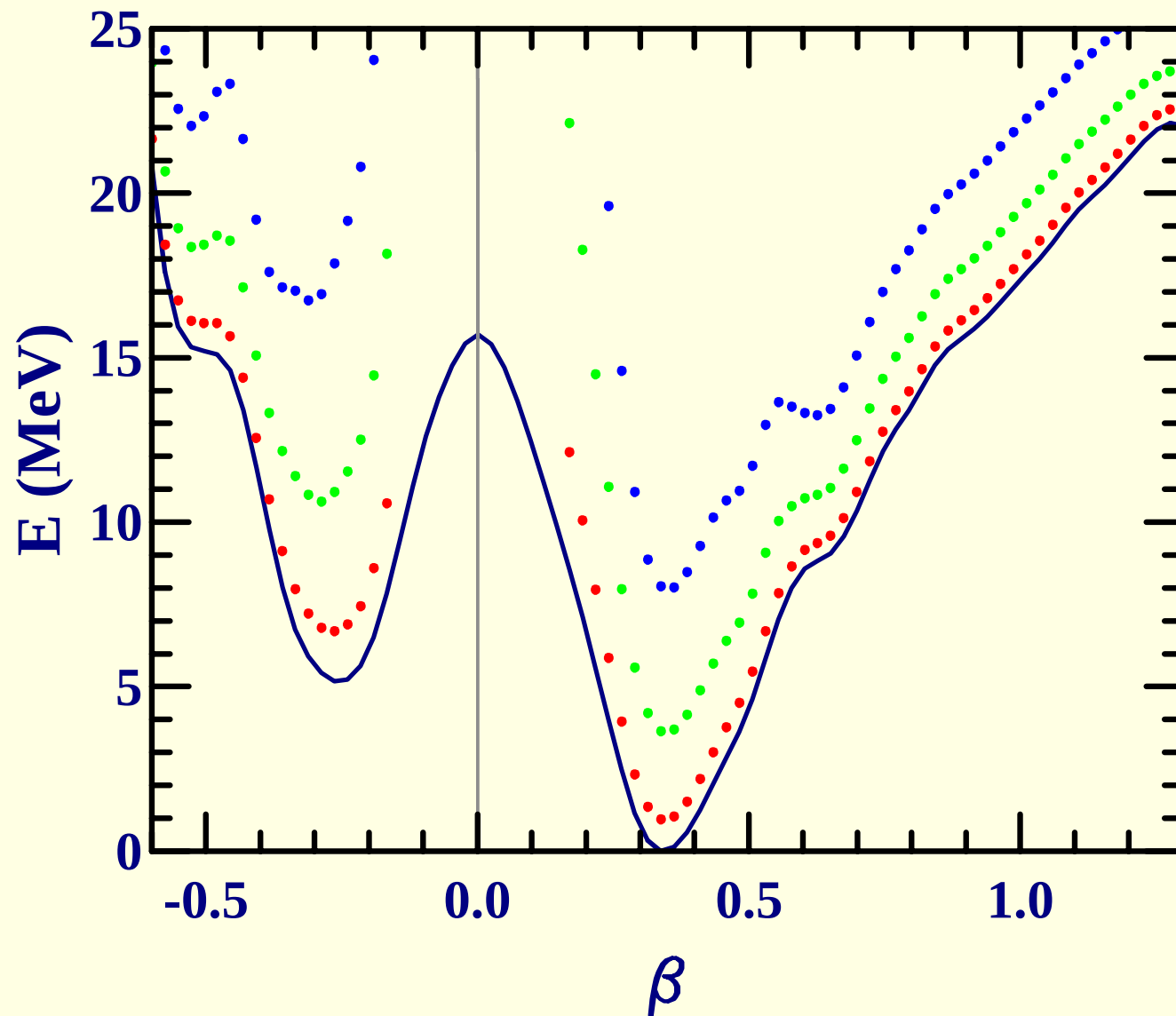


$^{164}_{67}\text{Ho}_{97}$ 

Binding energy

HFB=1330.540 MeV

Exp=1336.27 MeV

