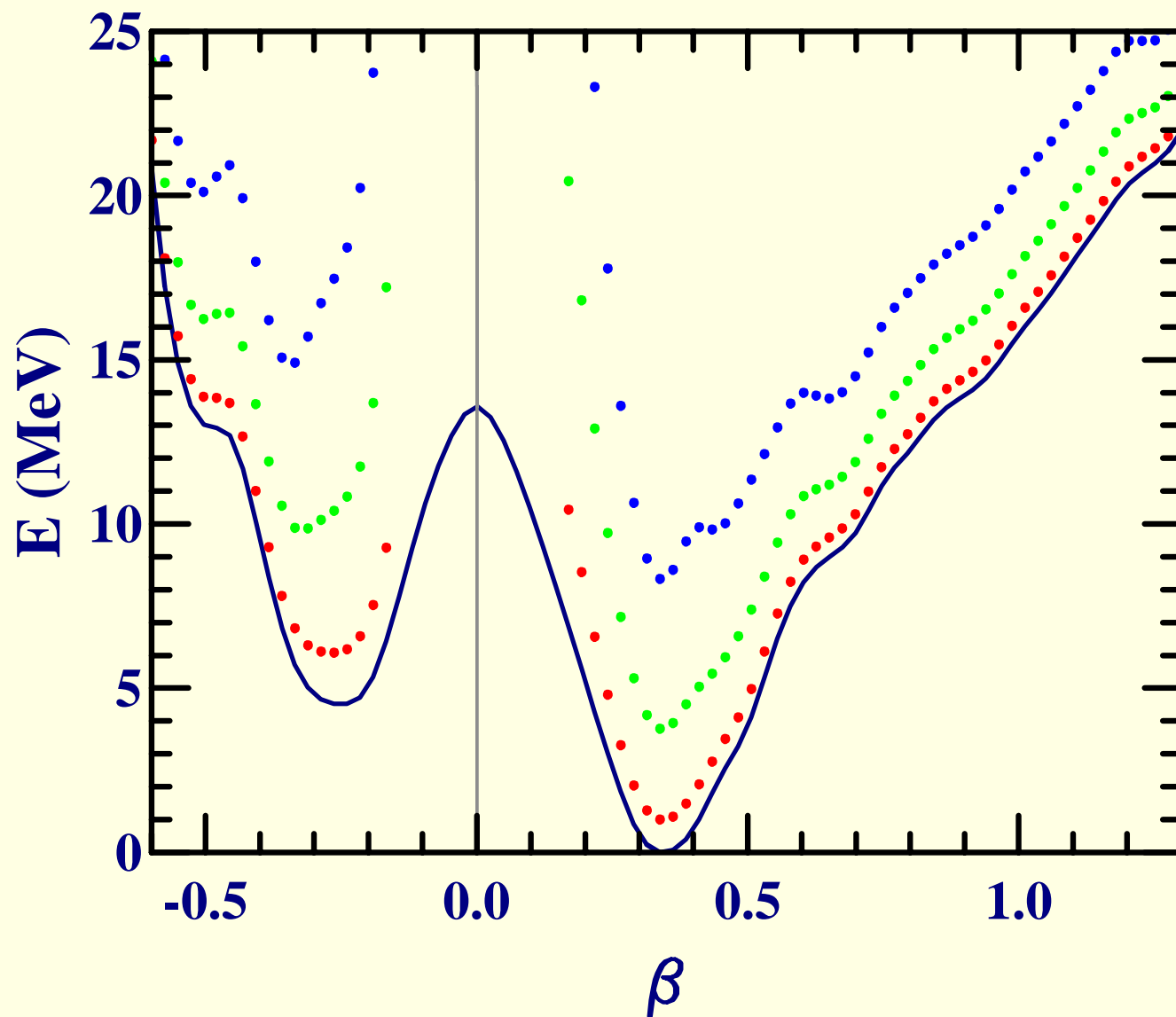


$^{162}_{67}\text{Ho}_{95}$ **Binding energy****HFB=1316.130 MeV****Exp=1321.19 MeV**