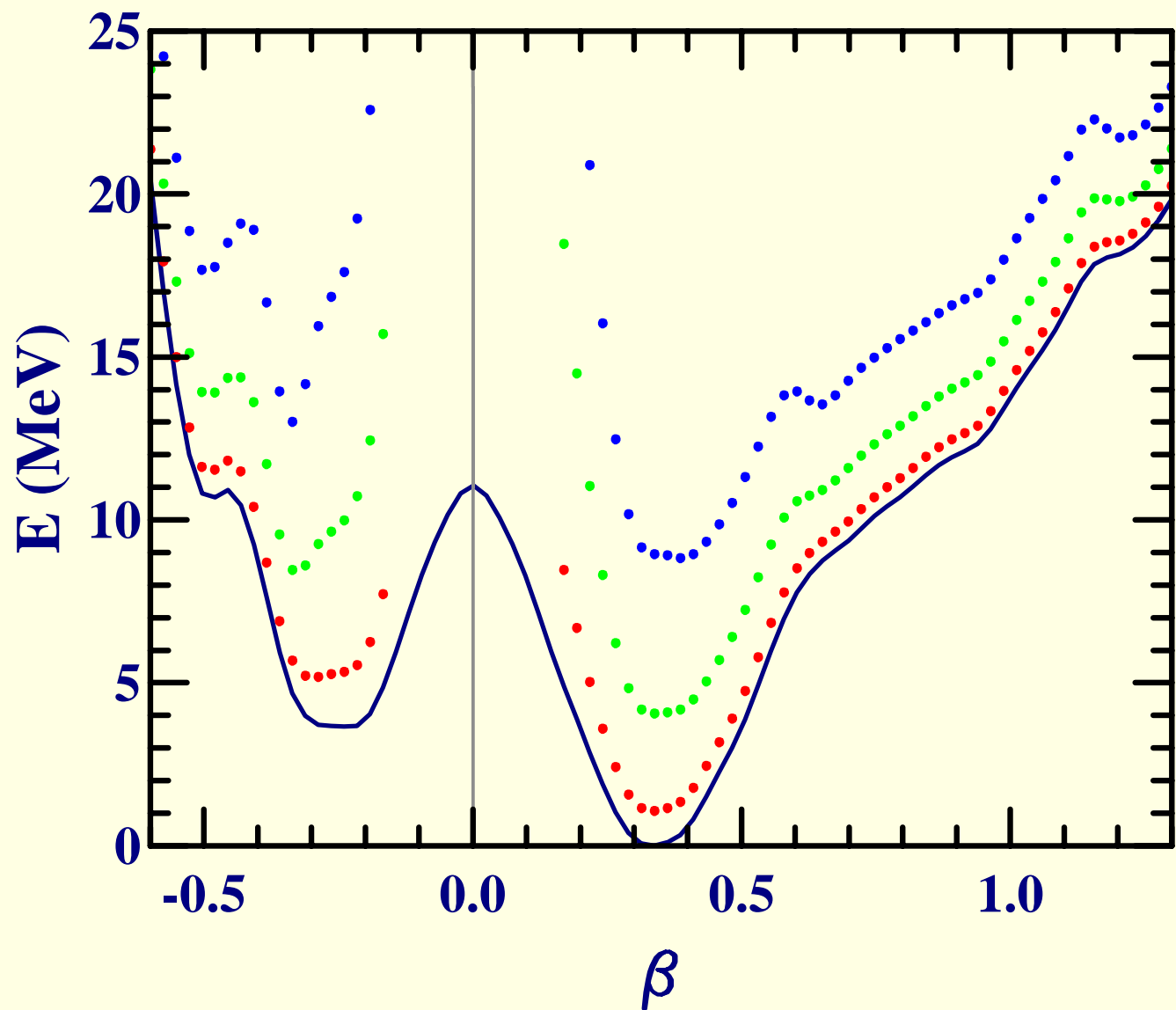


$^{160}_{67}\text{Ho}_{93}$



Binding energy

HFB=1300.950 MeV

Exp=1305.39 MeV

