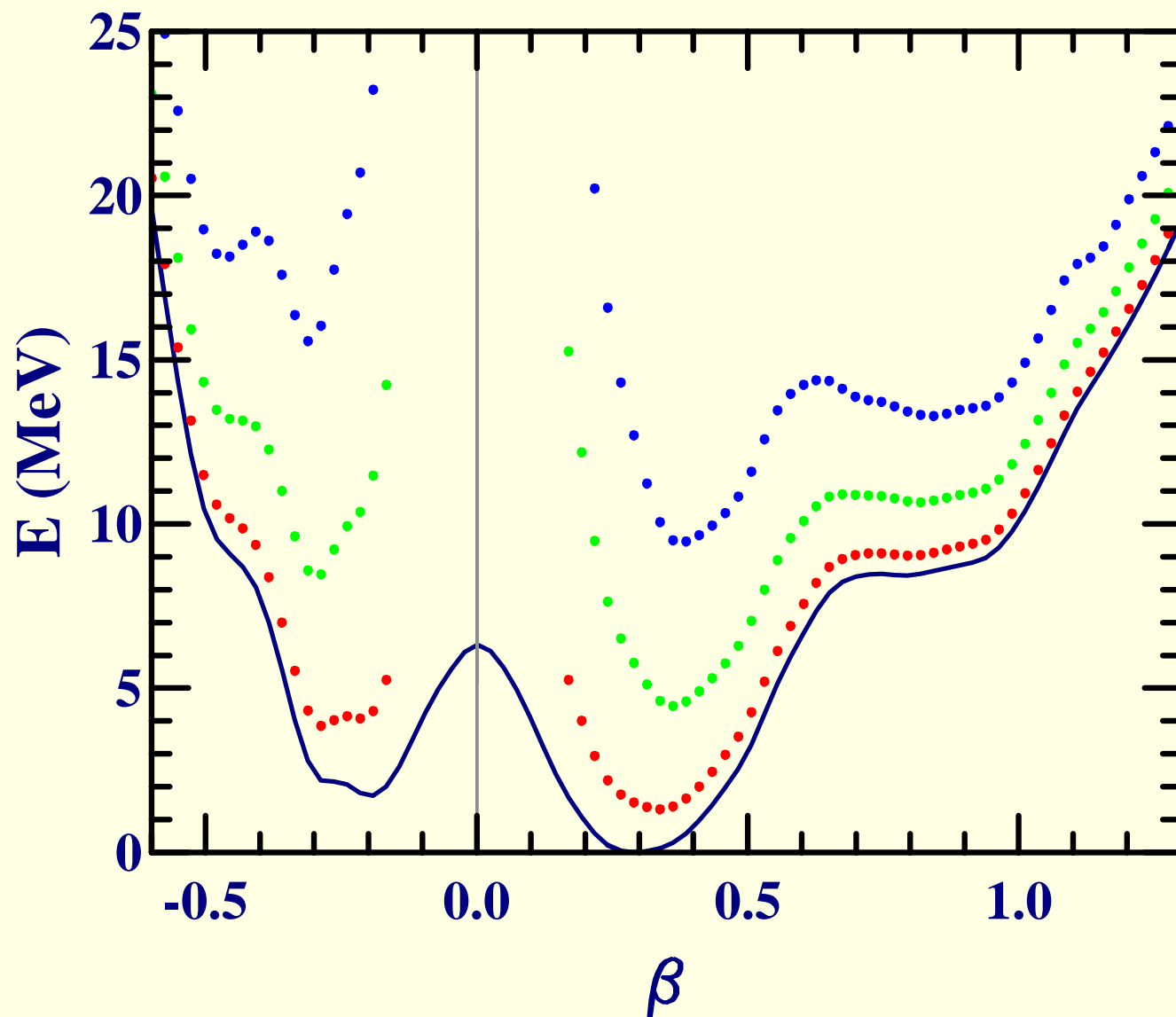


$^{157}_{67}\text{Ho}_{90}$ **Binding energy****HFB=1277.820 MeV****Exp=1281.67 MeV**