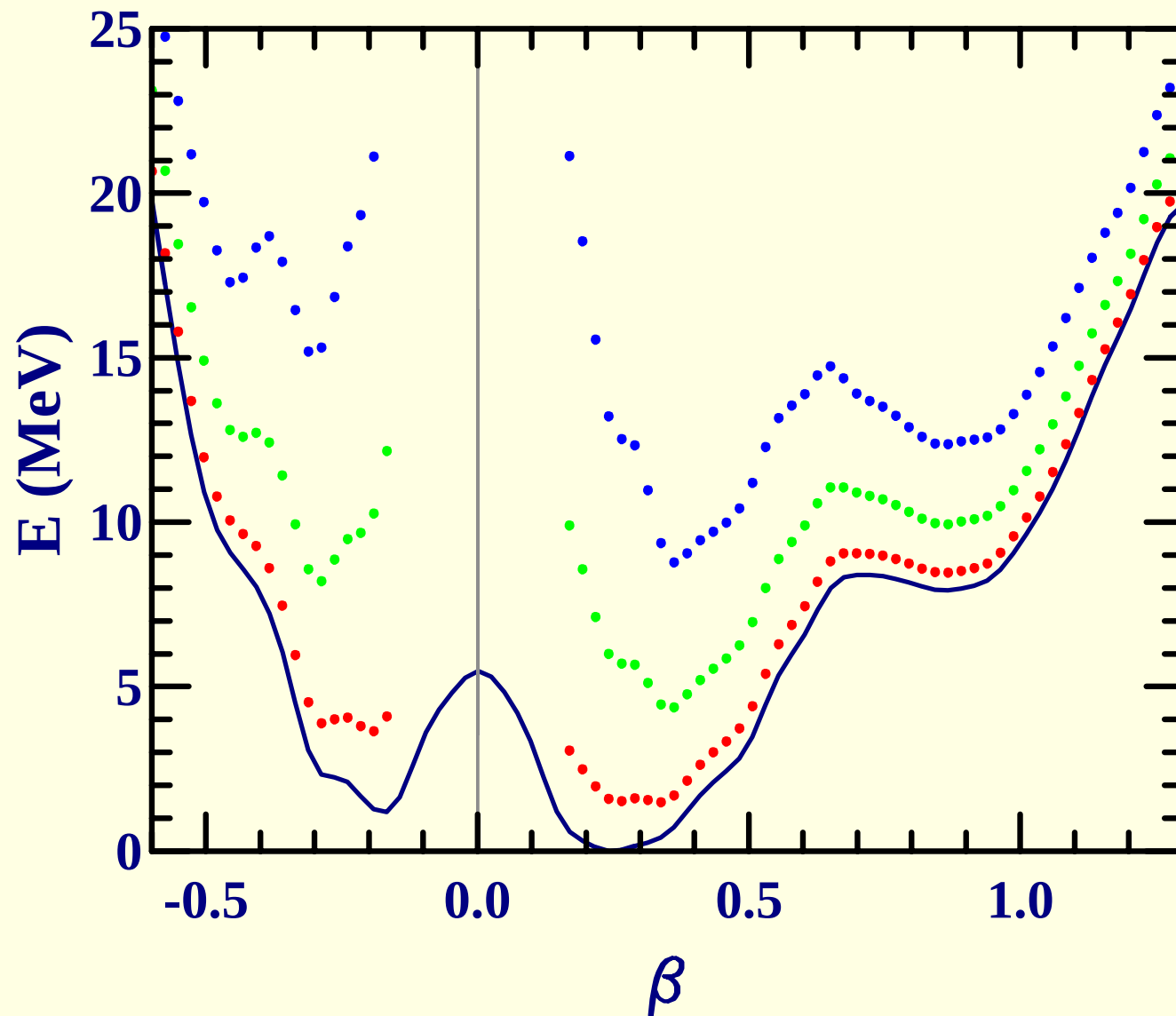


$^{156}_{67}\text{Ho}_{89}$ 

Binding energy

HFB=1267.620 MeV

Exp=1272.18 MeV

