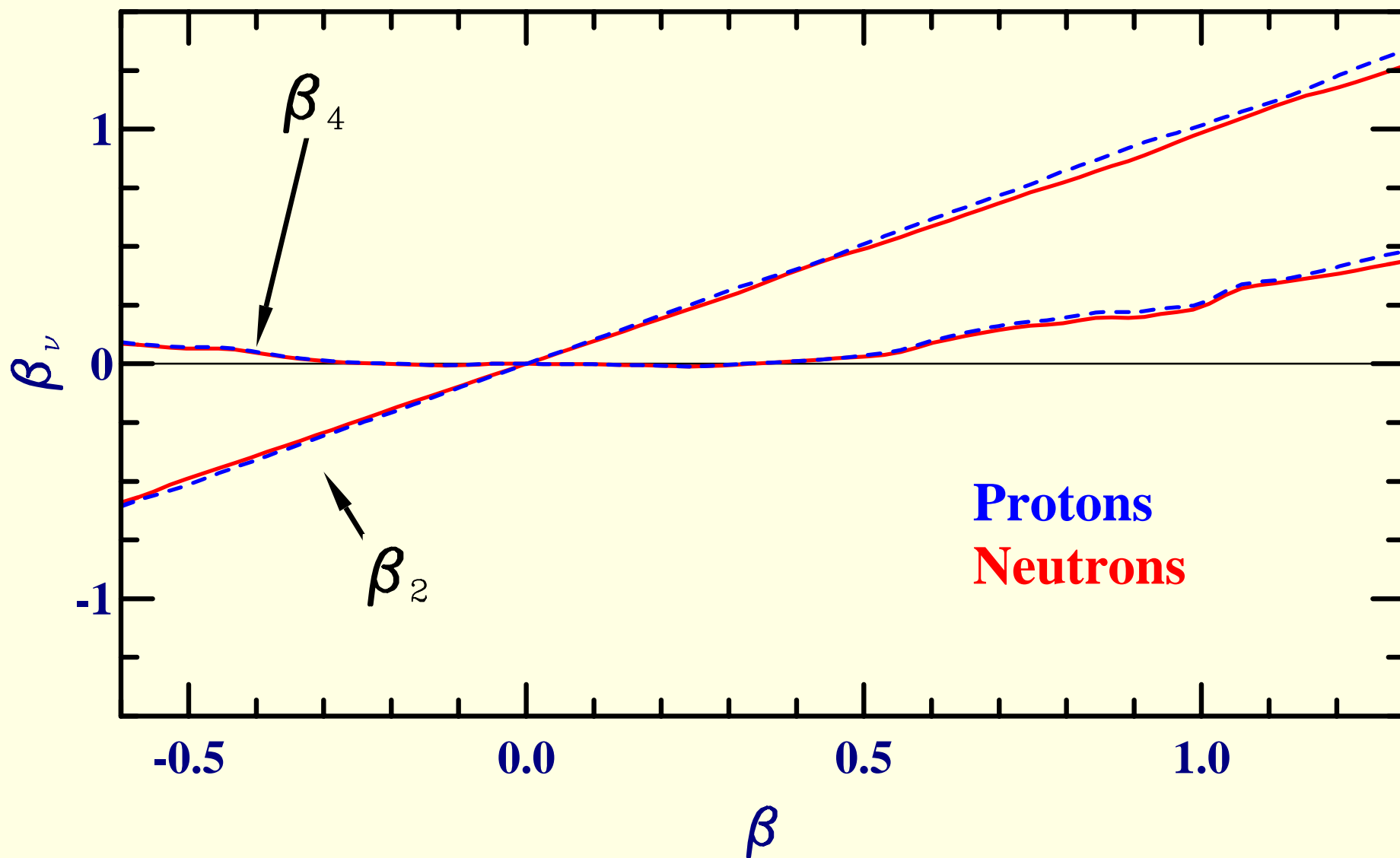


$^{139}_{67}\text{Ho}_{72}$ 

Protons
Neutrons