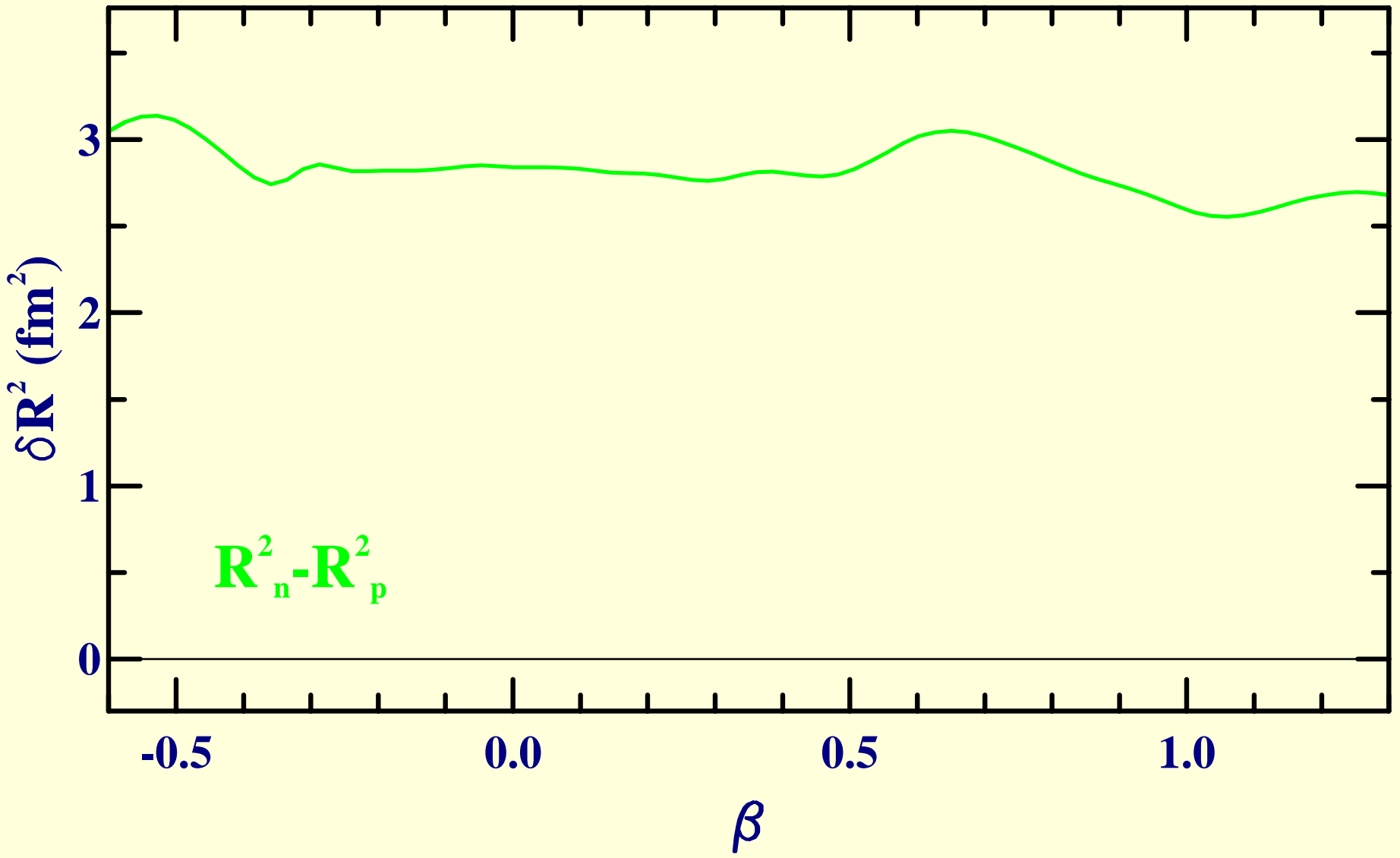


$^{164}_{58}\text{Ce}_{106}$



$R_n^2 - R_p^2$