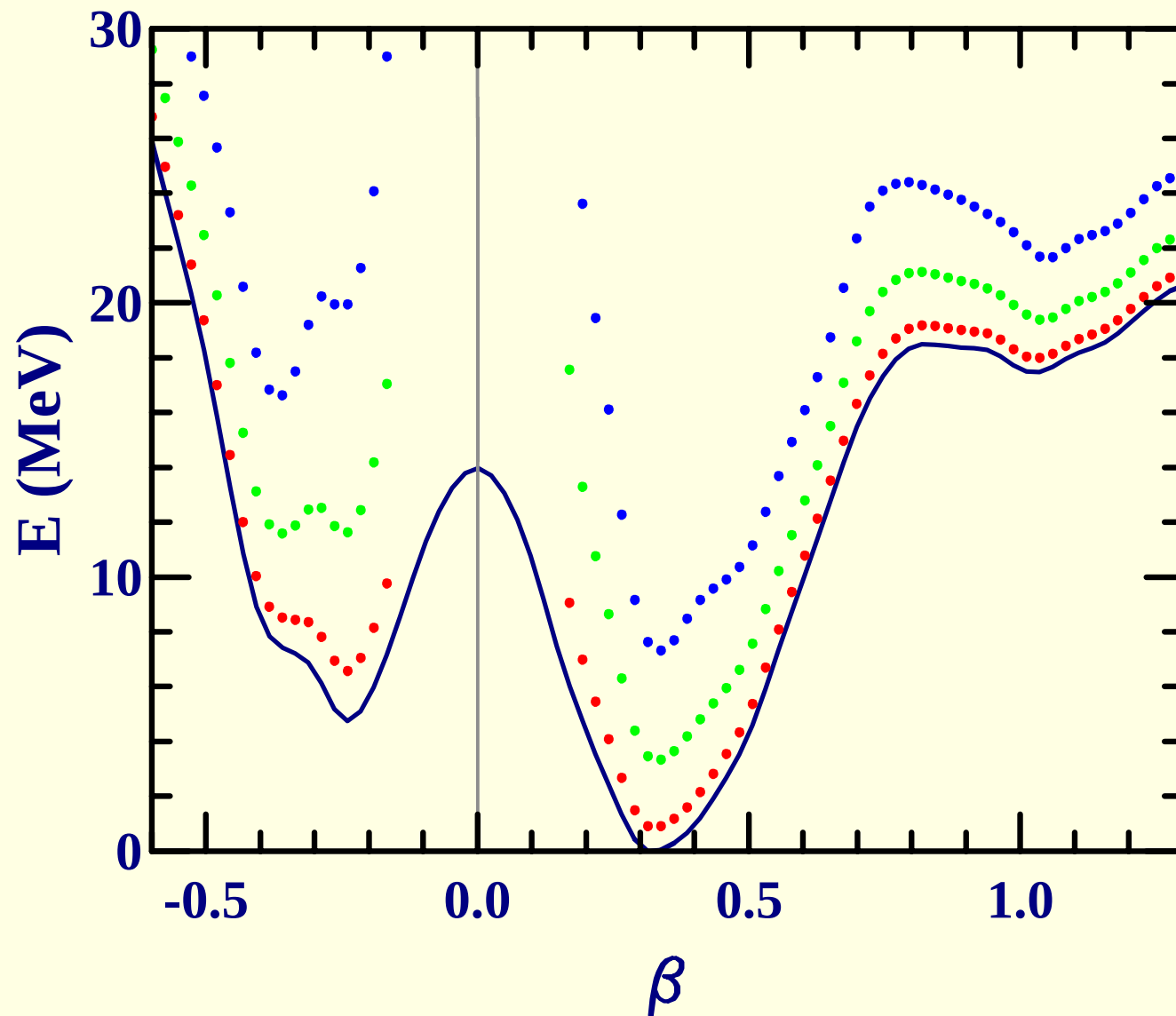


$^{156}_{57}\text{La}_{99}$ 

Binding energy

HFB=1237.920 MeV

Exp=?

