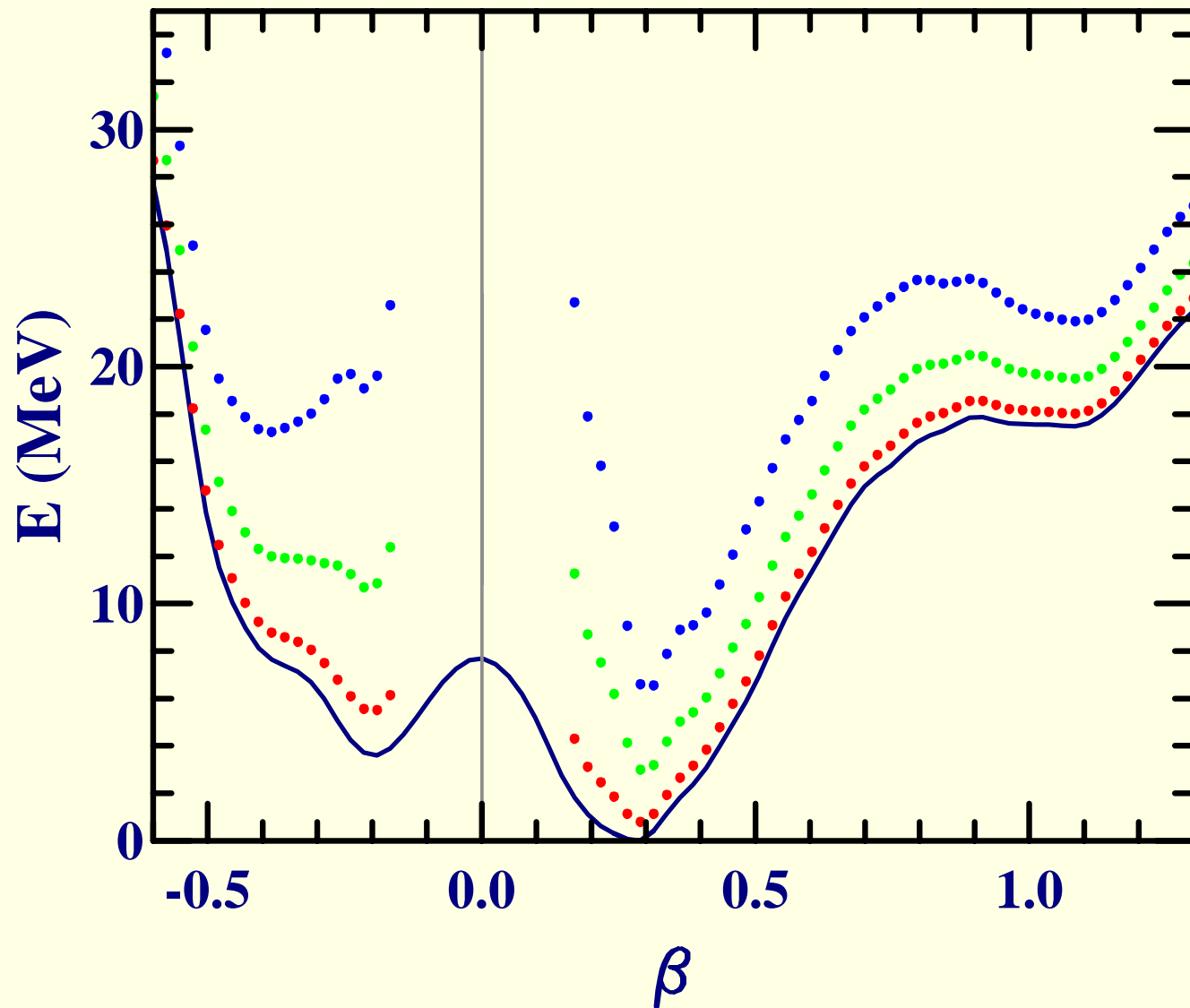




$^{148}_{57}\text{La}_{91}$



## Binding energy

HFB=1206.590 MeV

Exp=1213.13 MeV

