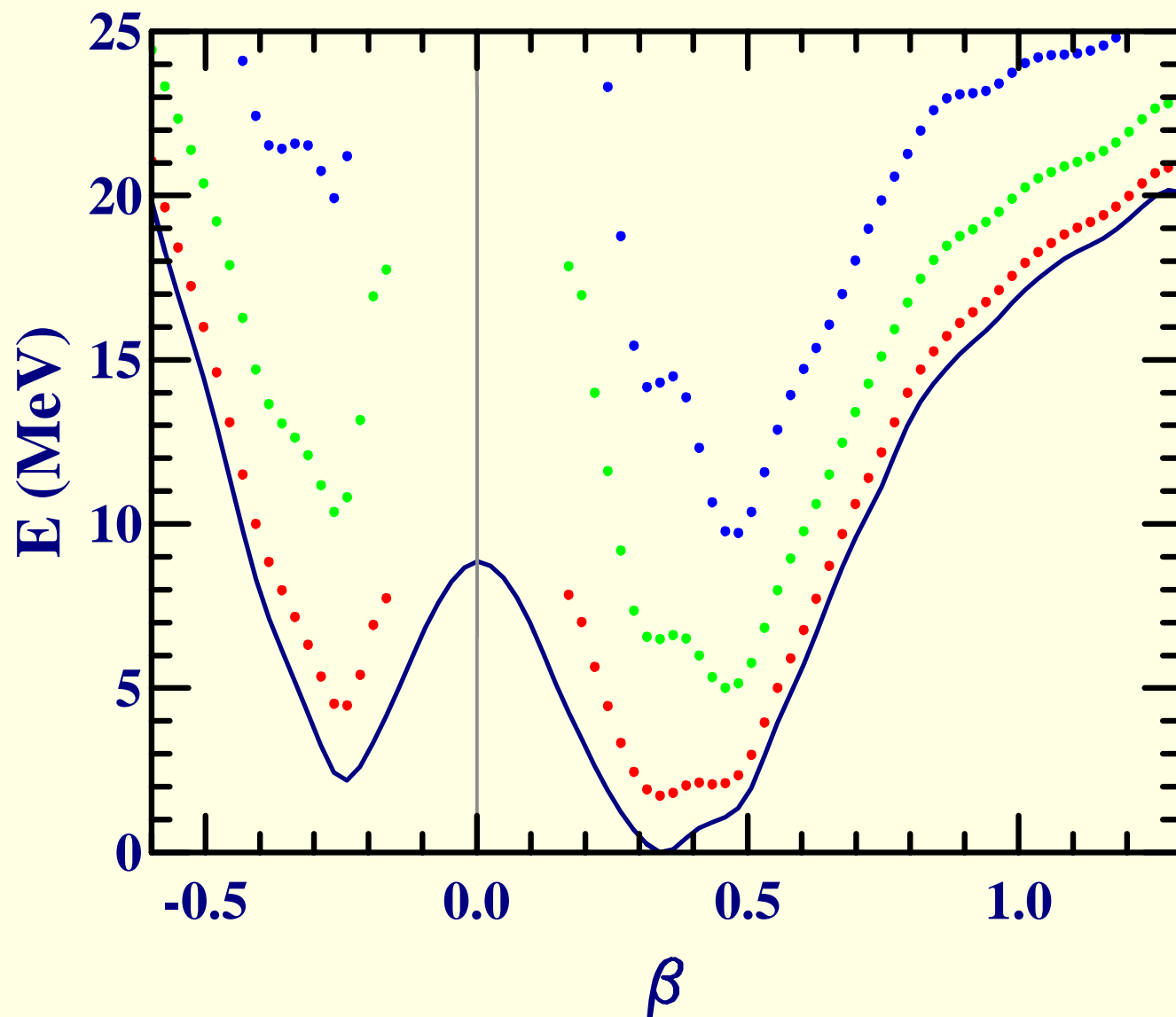


$^{126}_{57}\text{La}_{69}$ 

Binding energy

HFB=1045.050 MeV

Exp=1047.50 MeV(ext)

