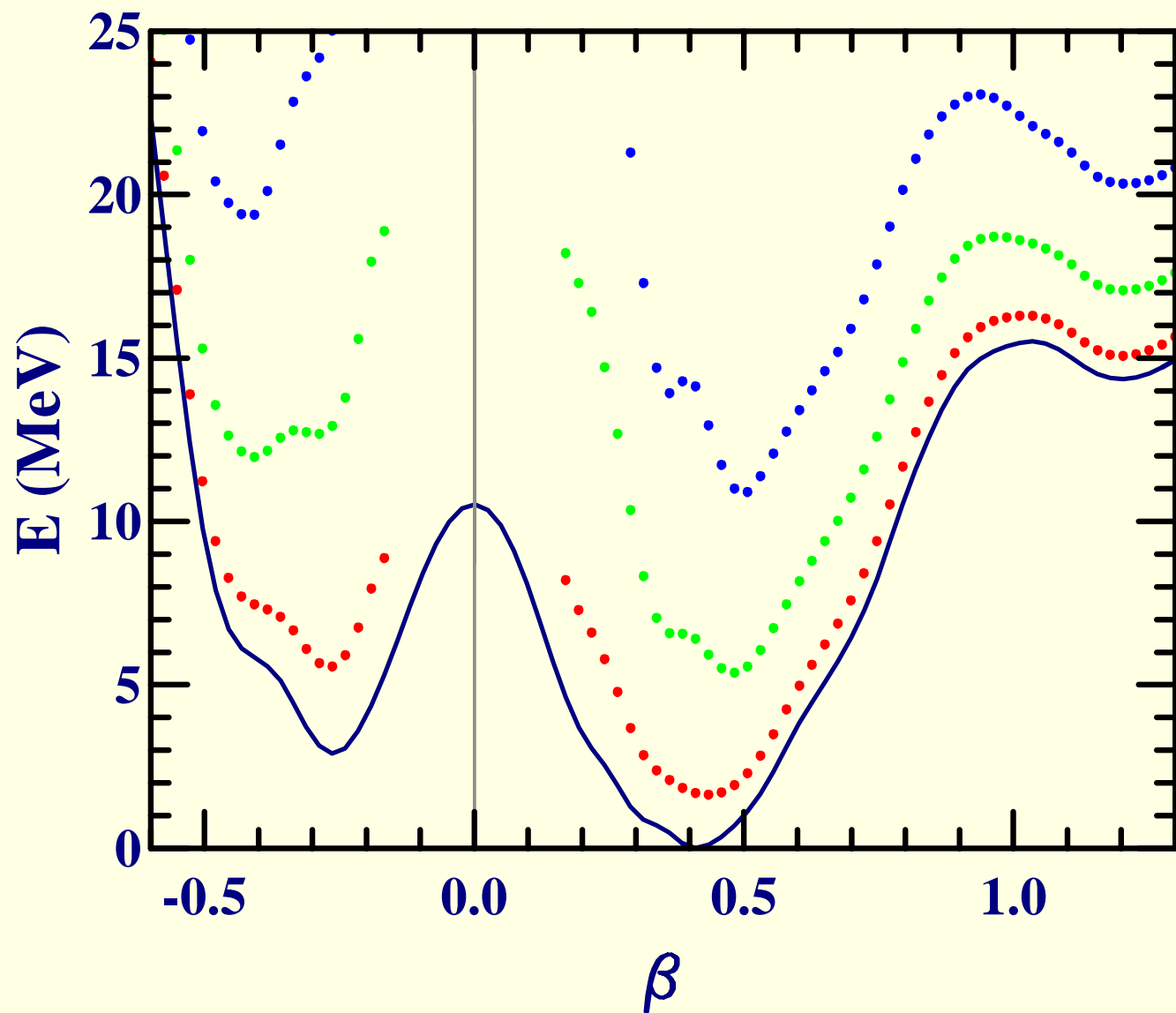


$^{119}_{57}\text{La}_{62}$ 

Energie de liaison

HFB=969.331 MeV

Exp=970.86 MeV(ext)

