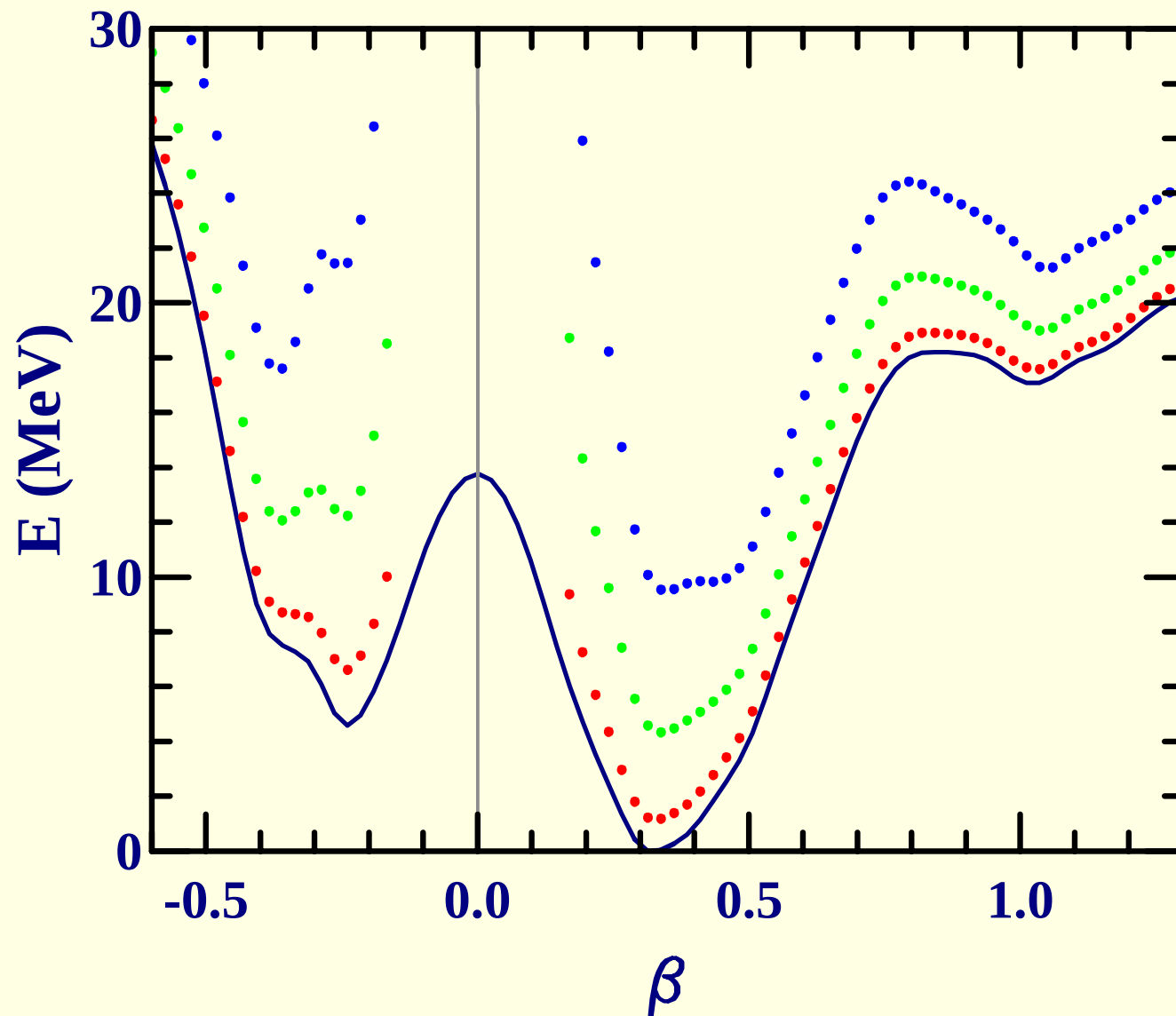


$^{157}_{57}\text{La}_{100}$ 

Energie de liaison

HFB=1242.050 MeV

Exp=?

