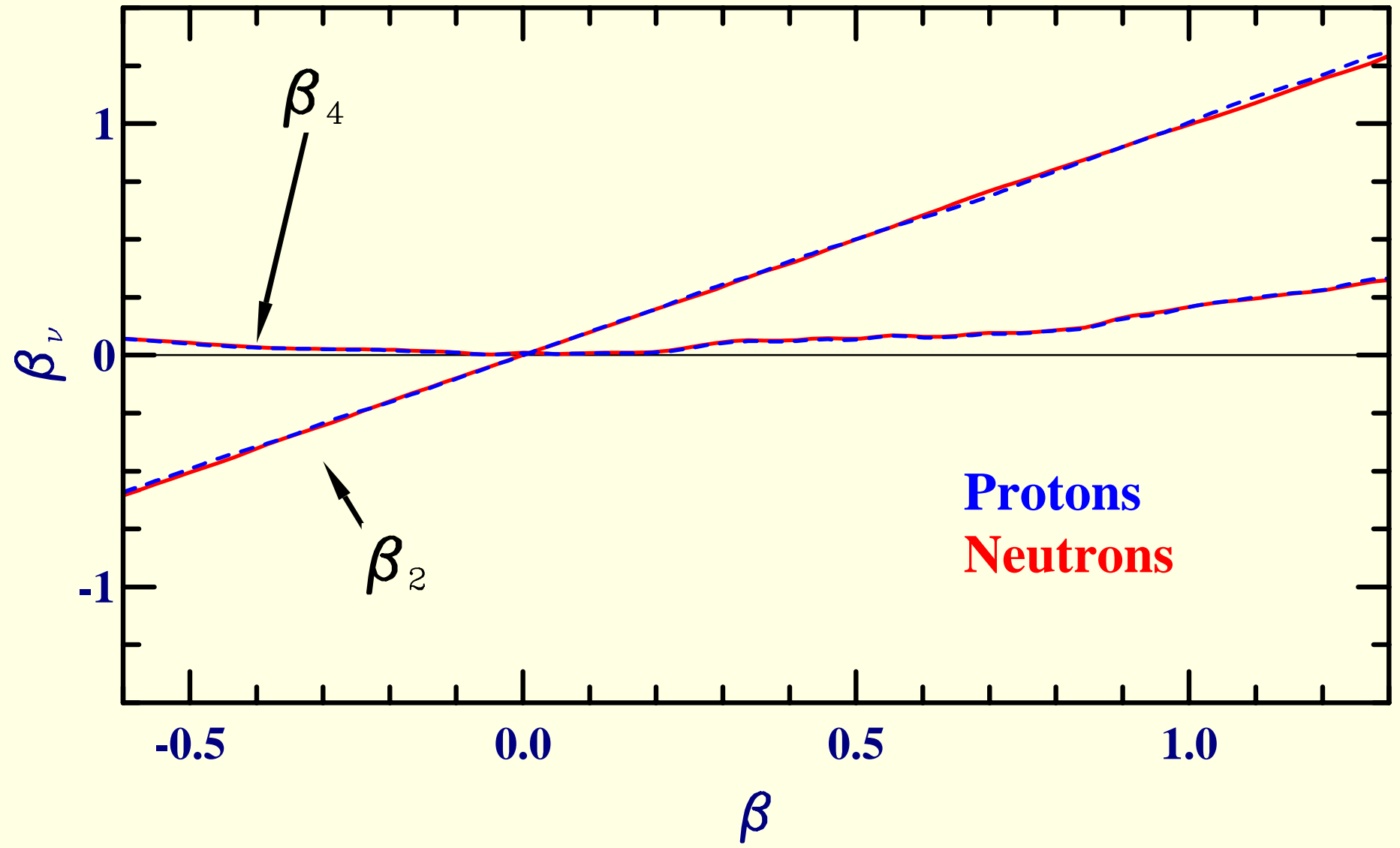


$^{146}_{57}\text{La}_{89}$



Protons
Neutrons