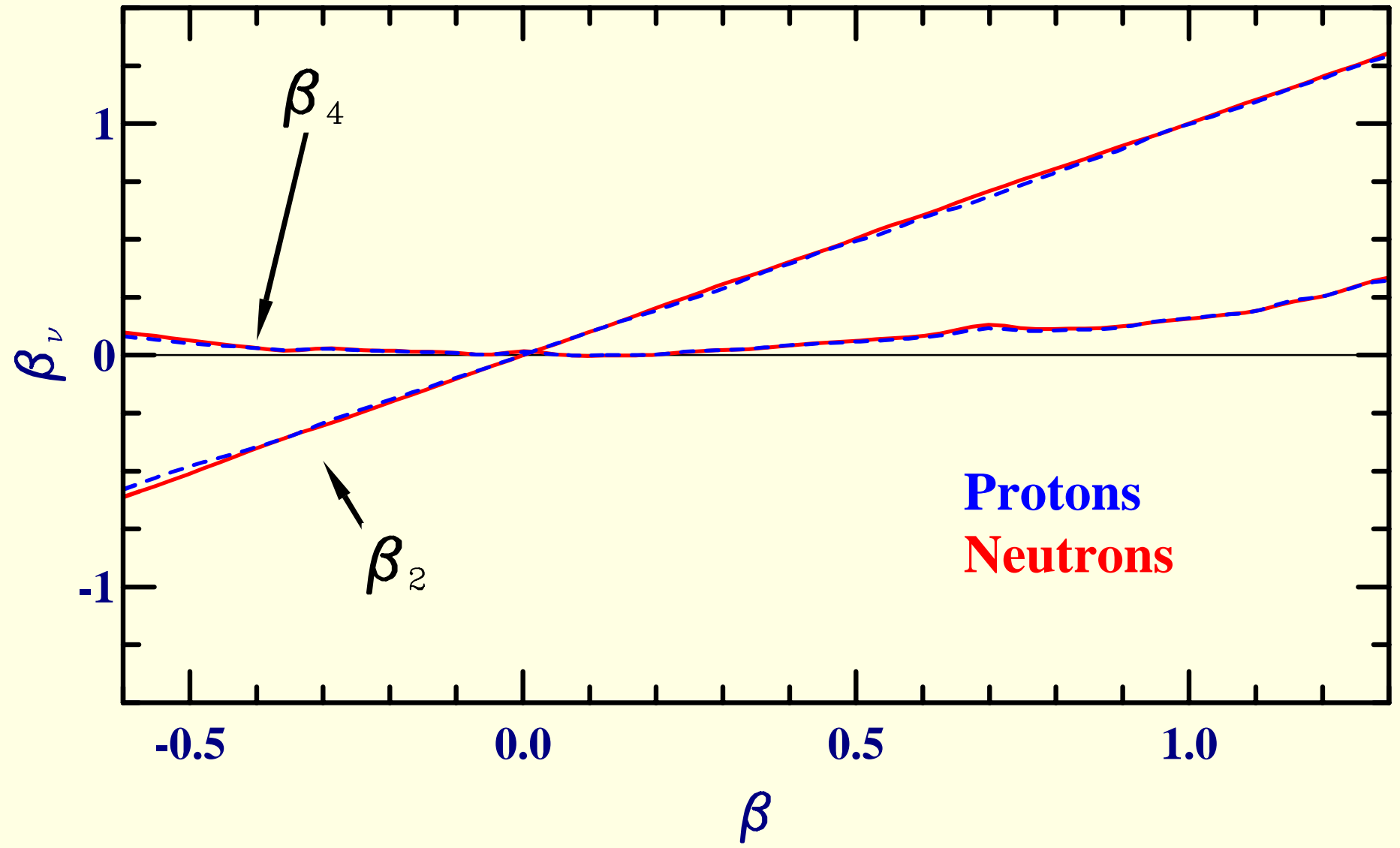


$^{157}_{57}\text{La}_{100}$



Protons
Neutrons