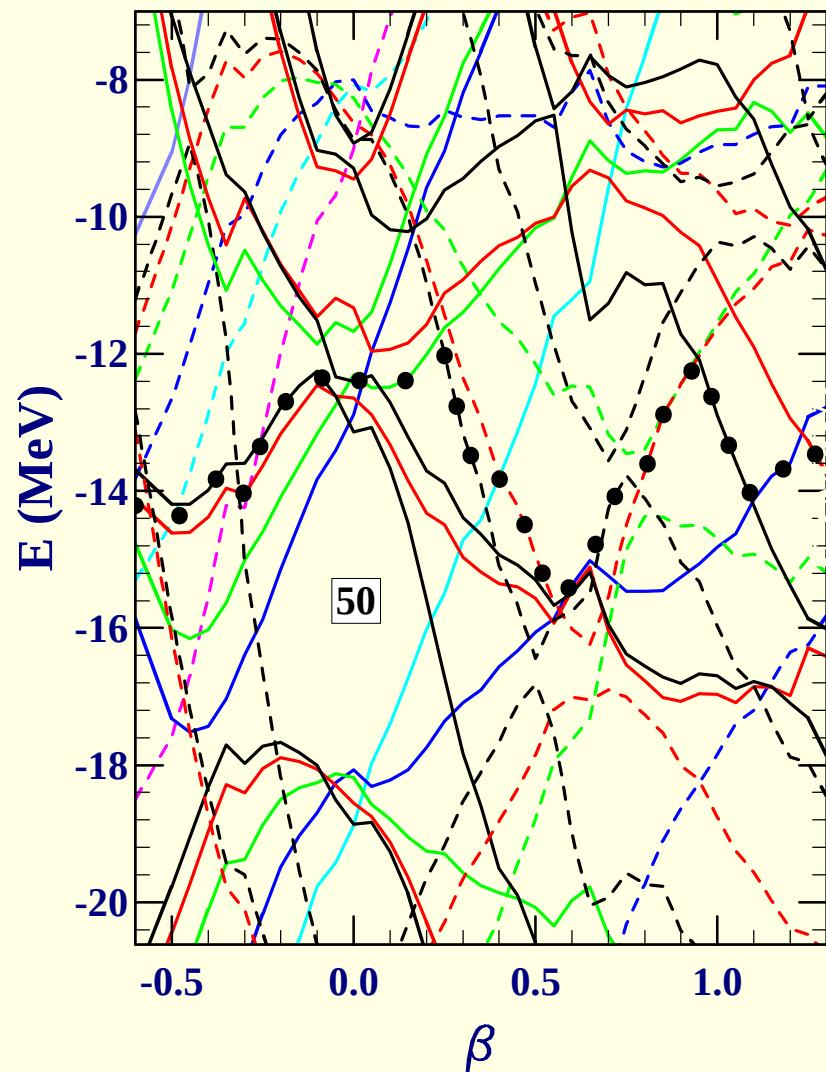


$^{156}_{57}\text{La}_{99}$ **Protons****Neutrons**