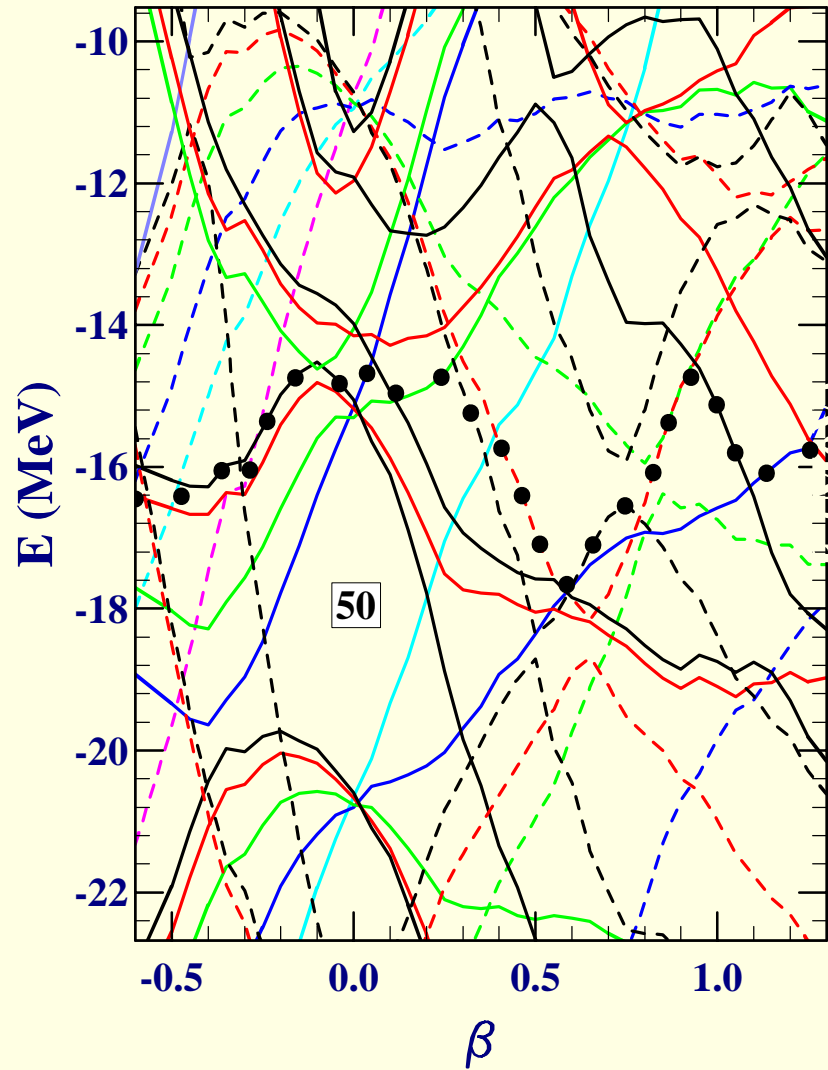


$^{164}_{57}\text{La}_{107}$

### Protons



### Neutrons

