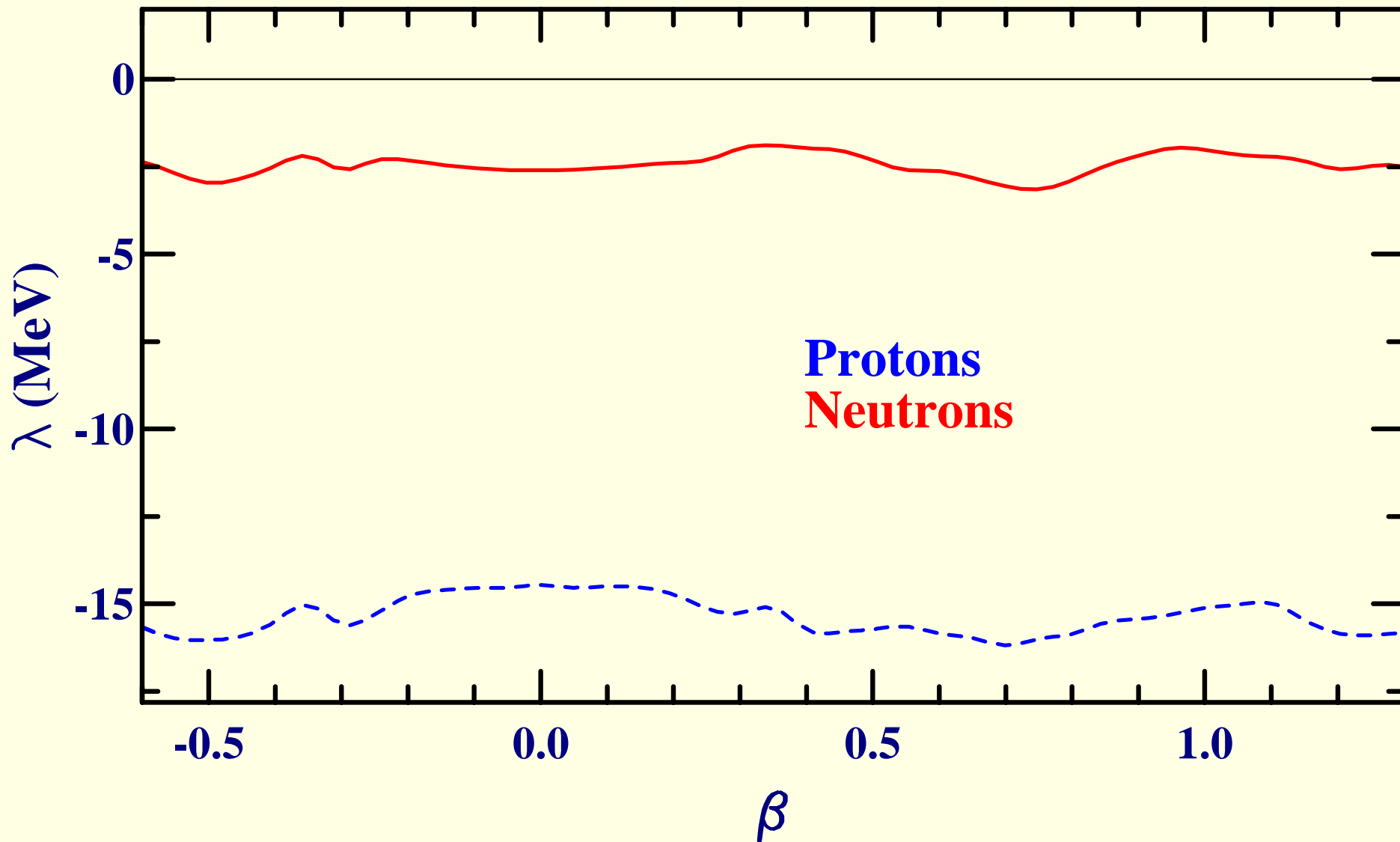


$^{163}_{57}\text{La}_{106}$



Protons
Neutrons