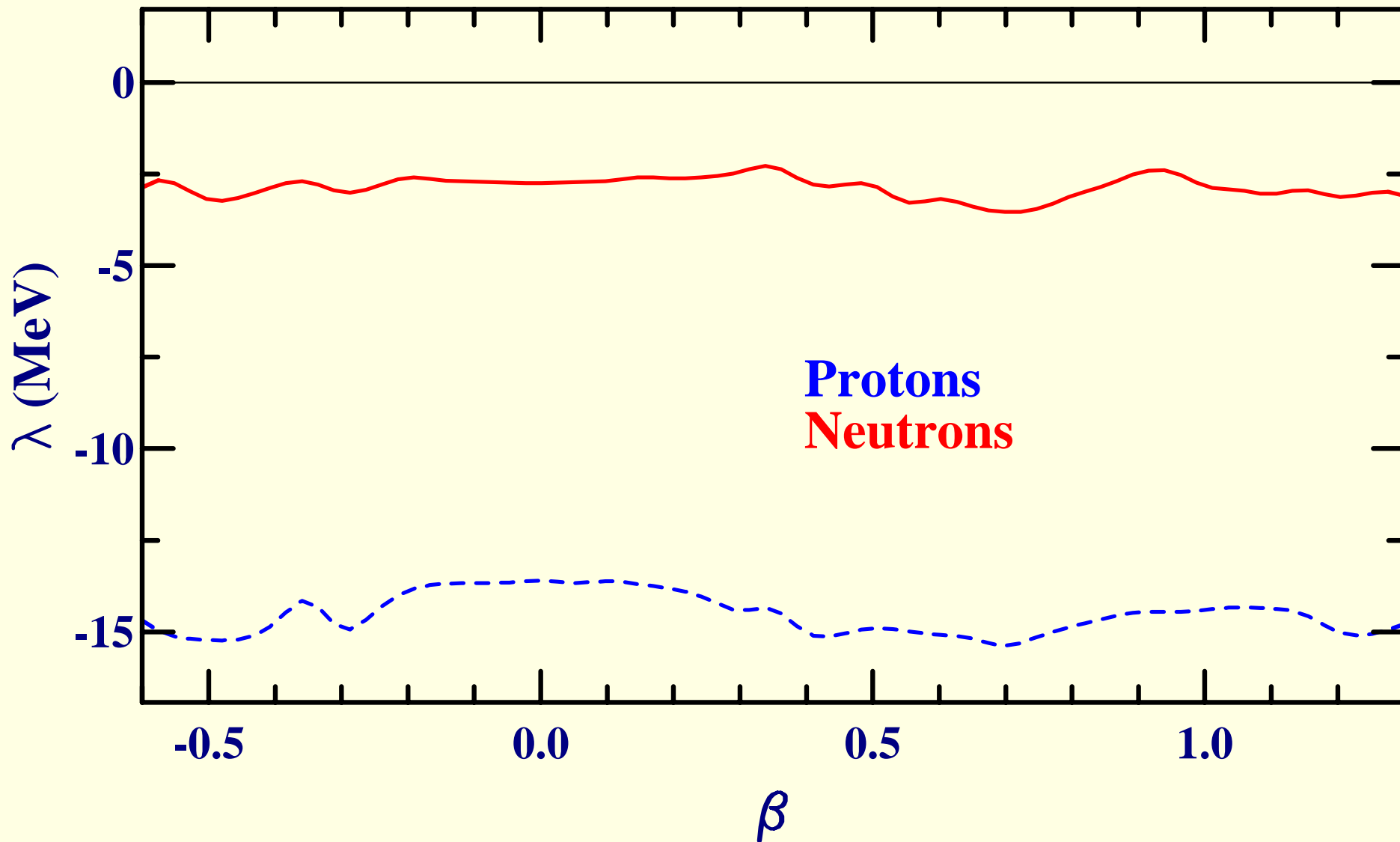


$^{160}_{57}\text{La}_{103}$



**Protons**  
**Neutrons**