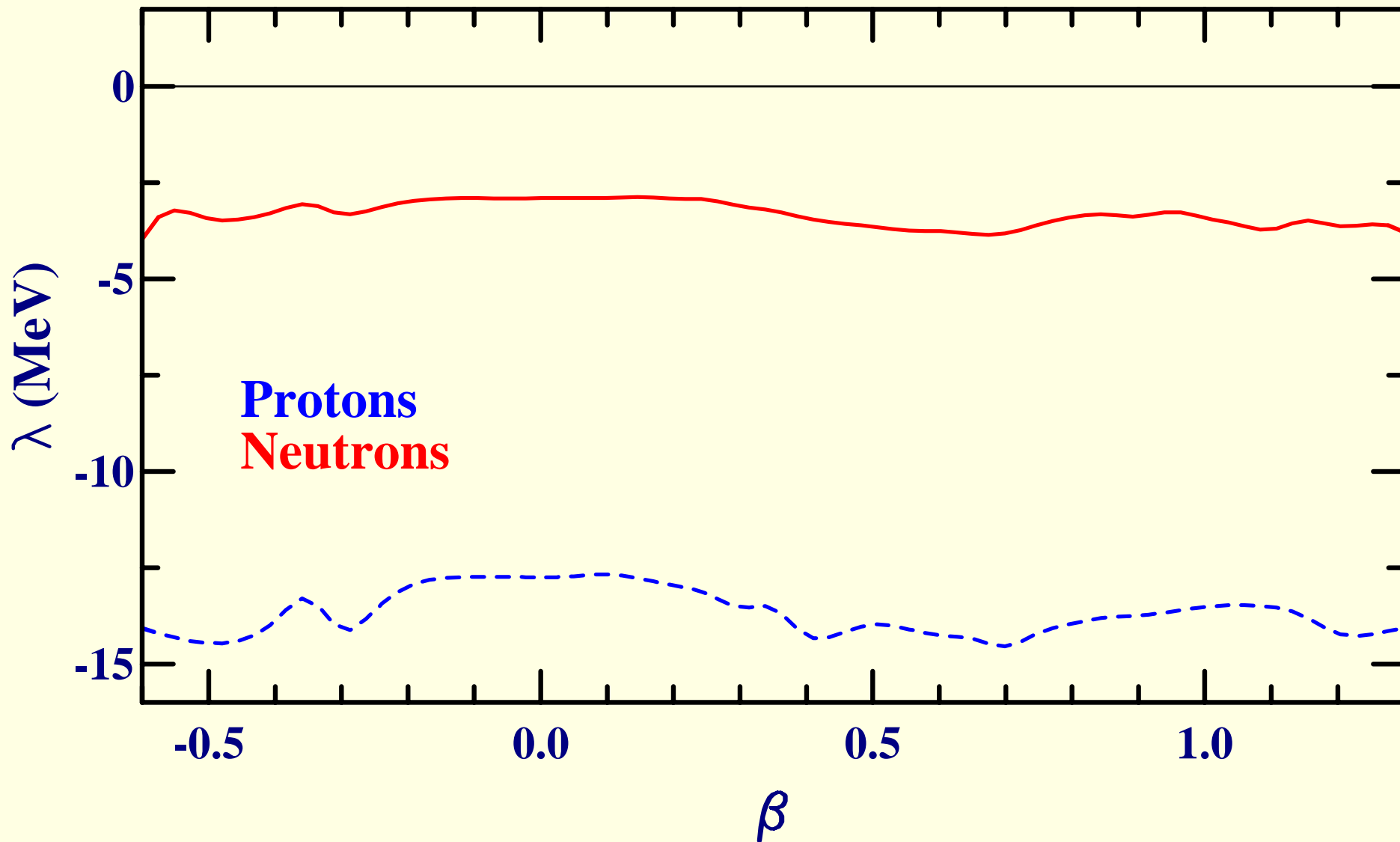


$^{157}_{57}\text{La}_{100}$



**Protons**  
**Neutrons**