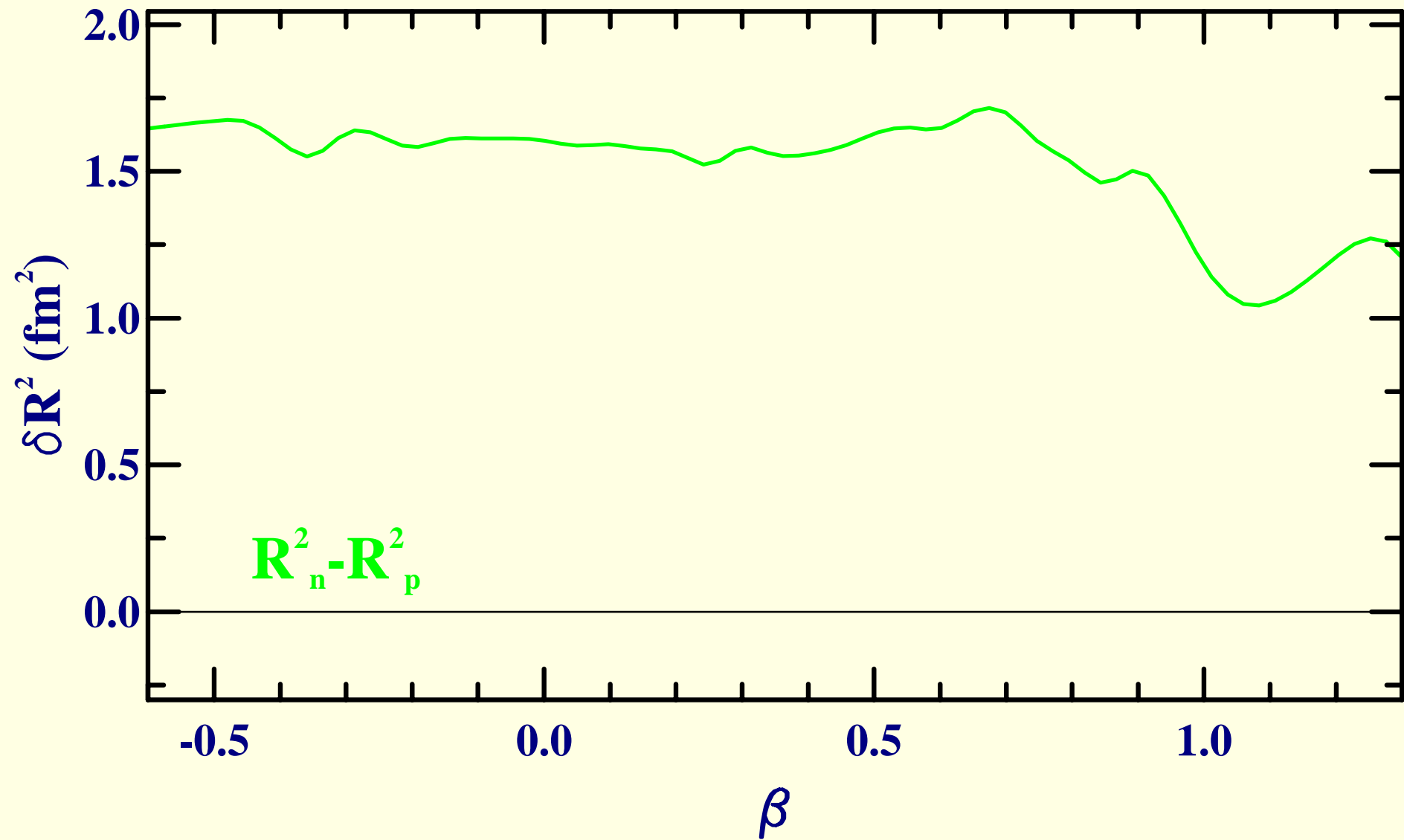


$^{145}_{57}\text{La}_{88}$  $R_n^2 - R_p^2$