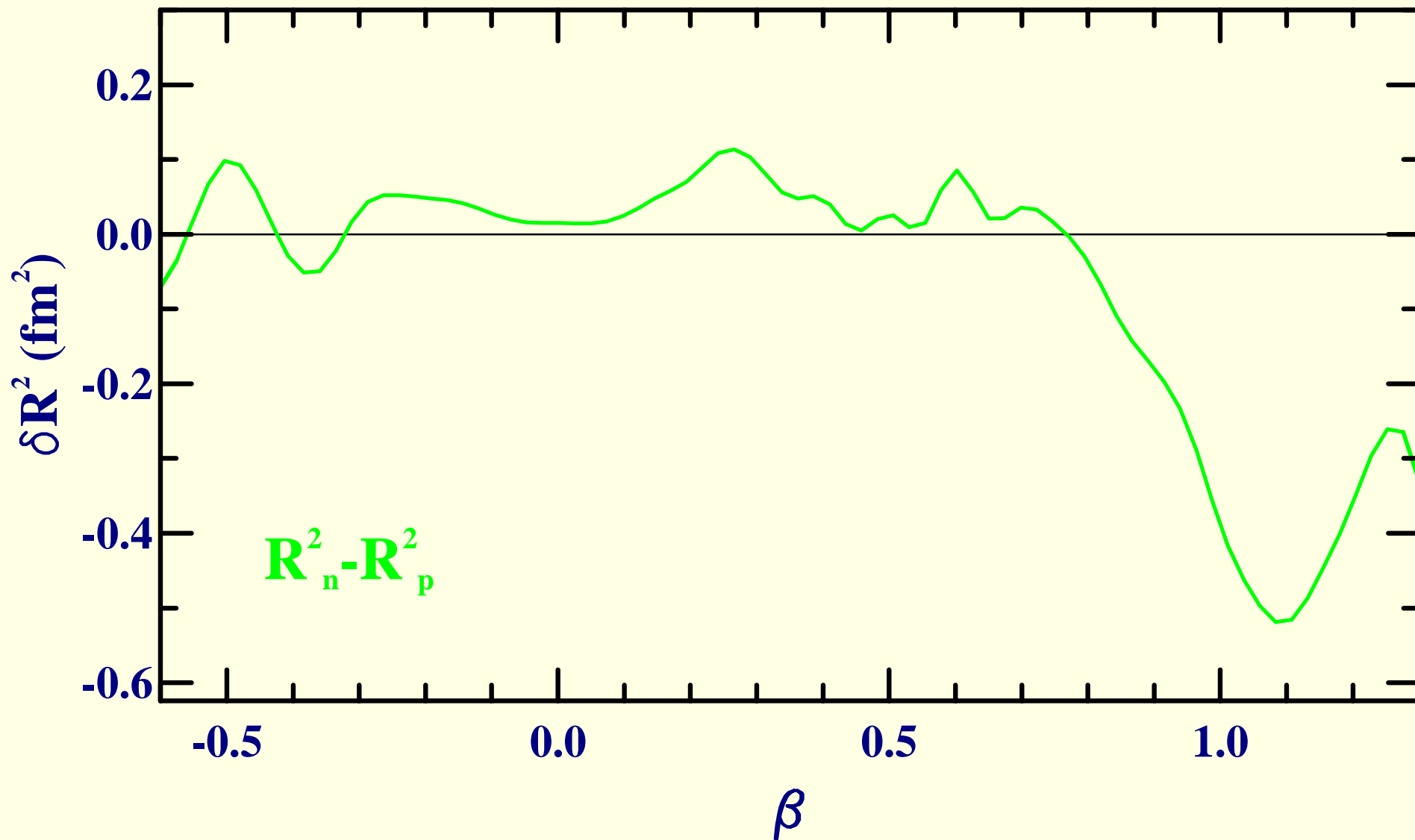


$^{125}_{57}\text{La}_{68}$



$R_n^2 - R_p^2$