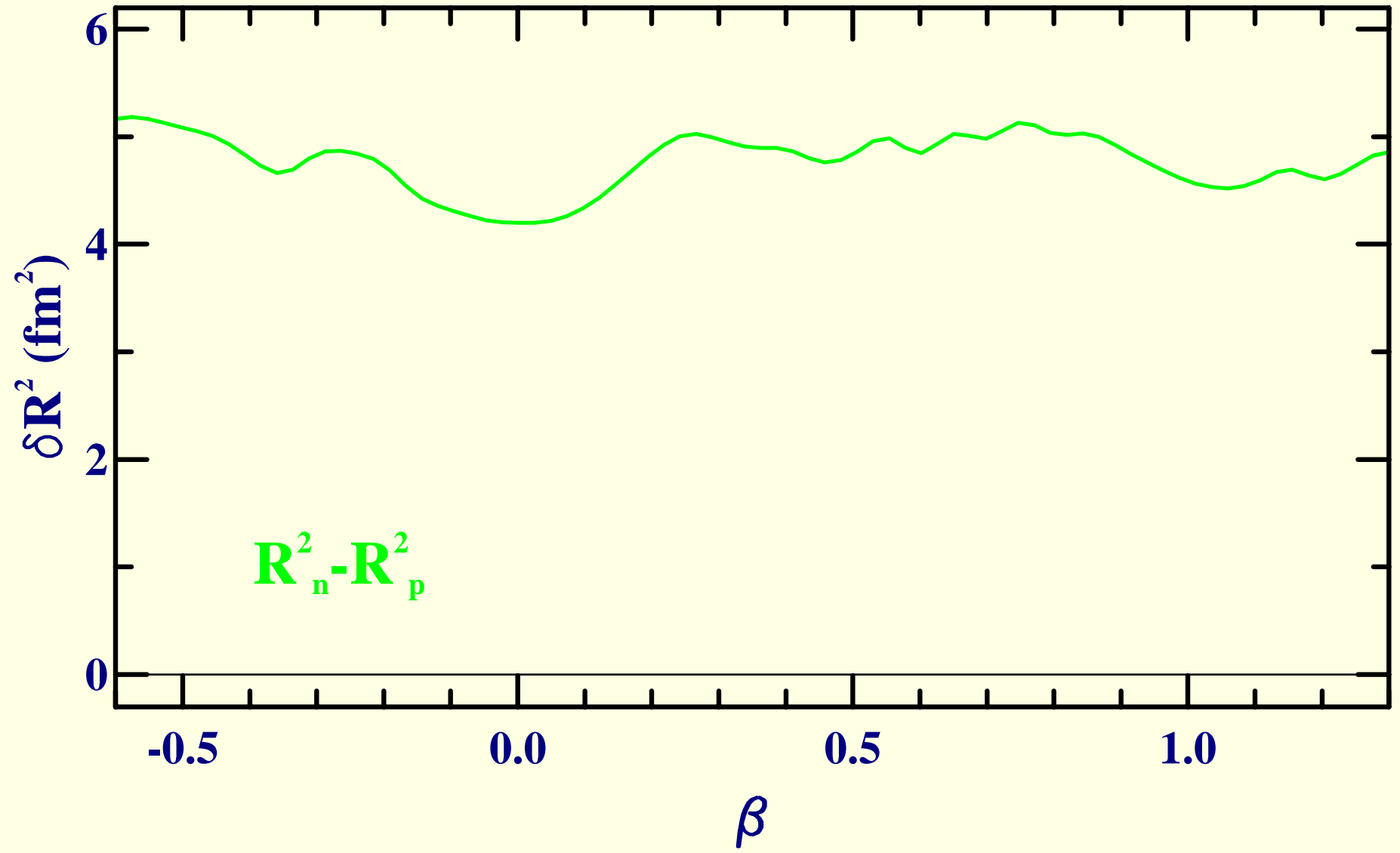


$^{183}_{57}\text{La}_{126}$



$R_n^2 - R_p^2$