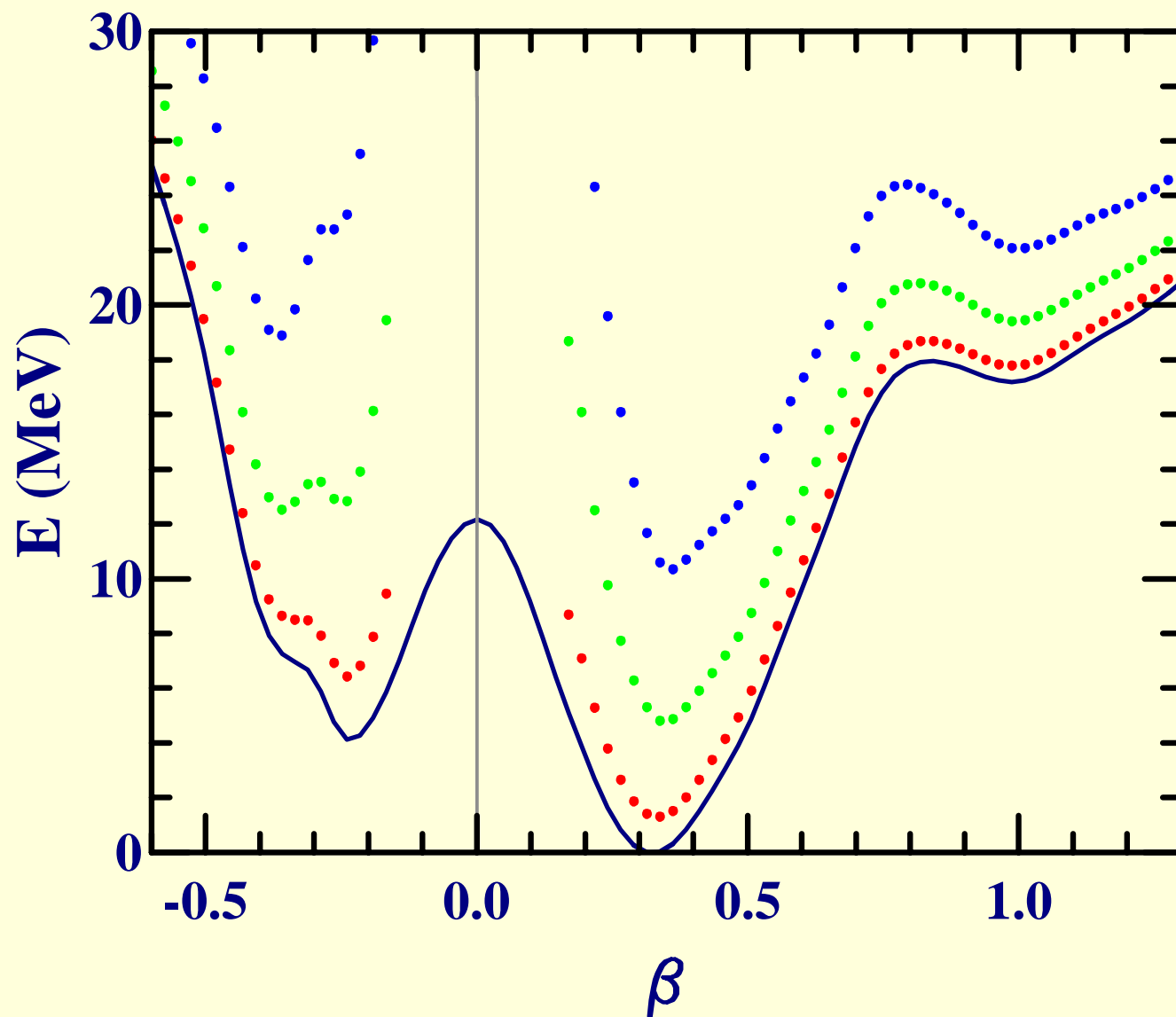


$^{156}_{56}\text{Ba}_{100}$ **Binding energy****HFB=1228.520 MeV****Exp=?**