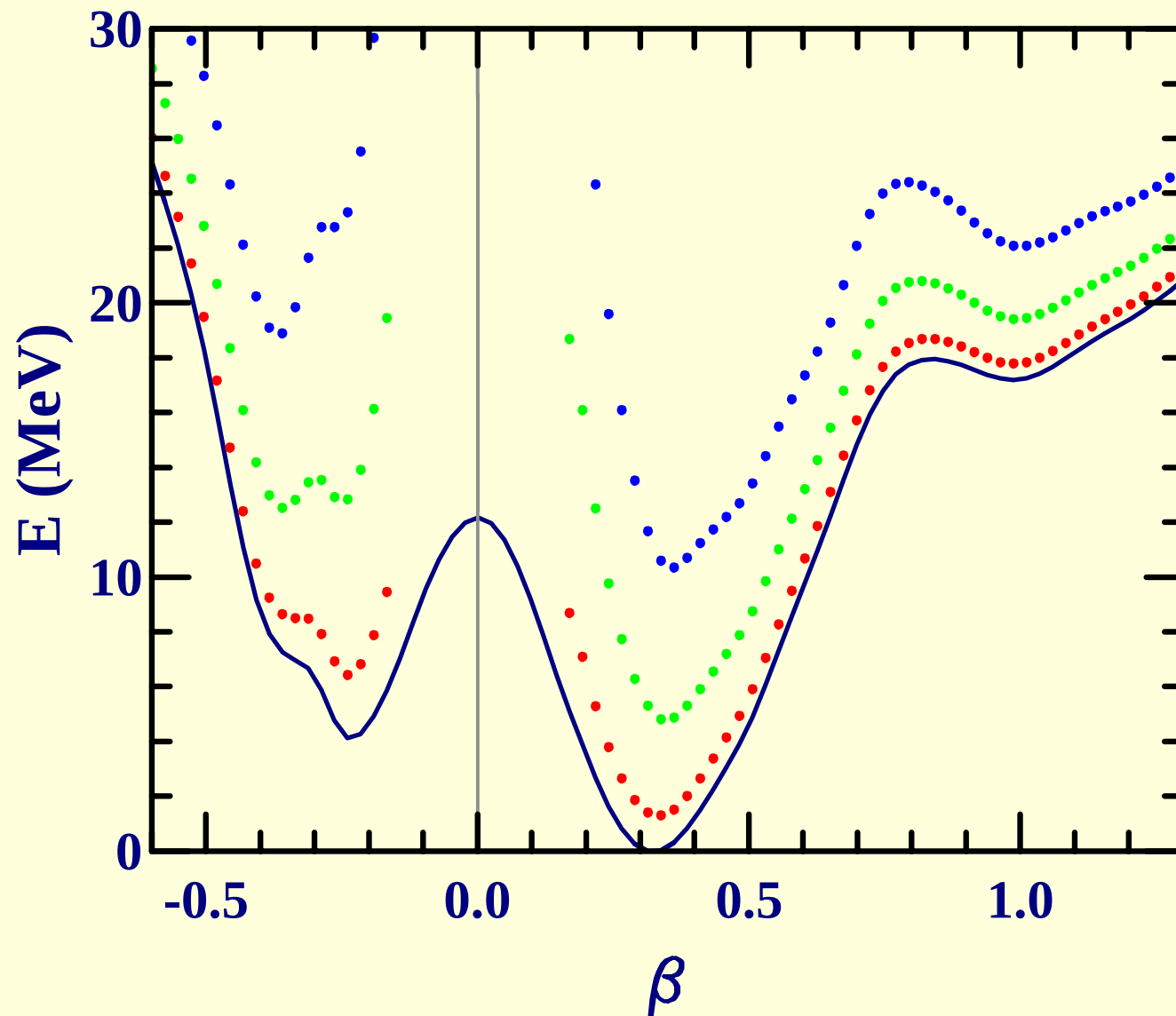


$^{156}_{56}\text{Ba}_{100}$ 

Energie de liaison

HFB=1228.520 MeV

Exp=?

