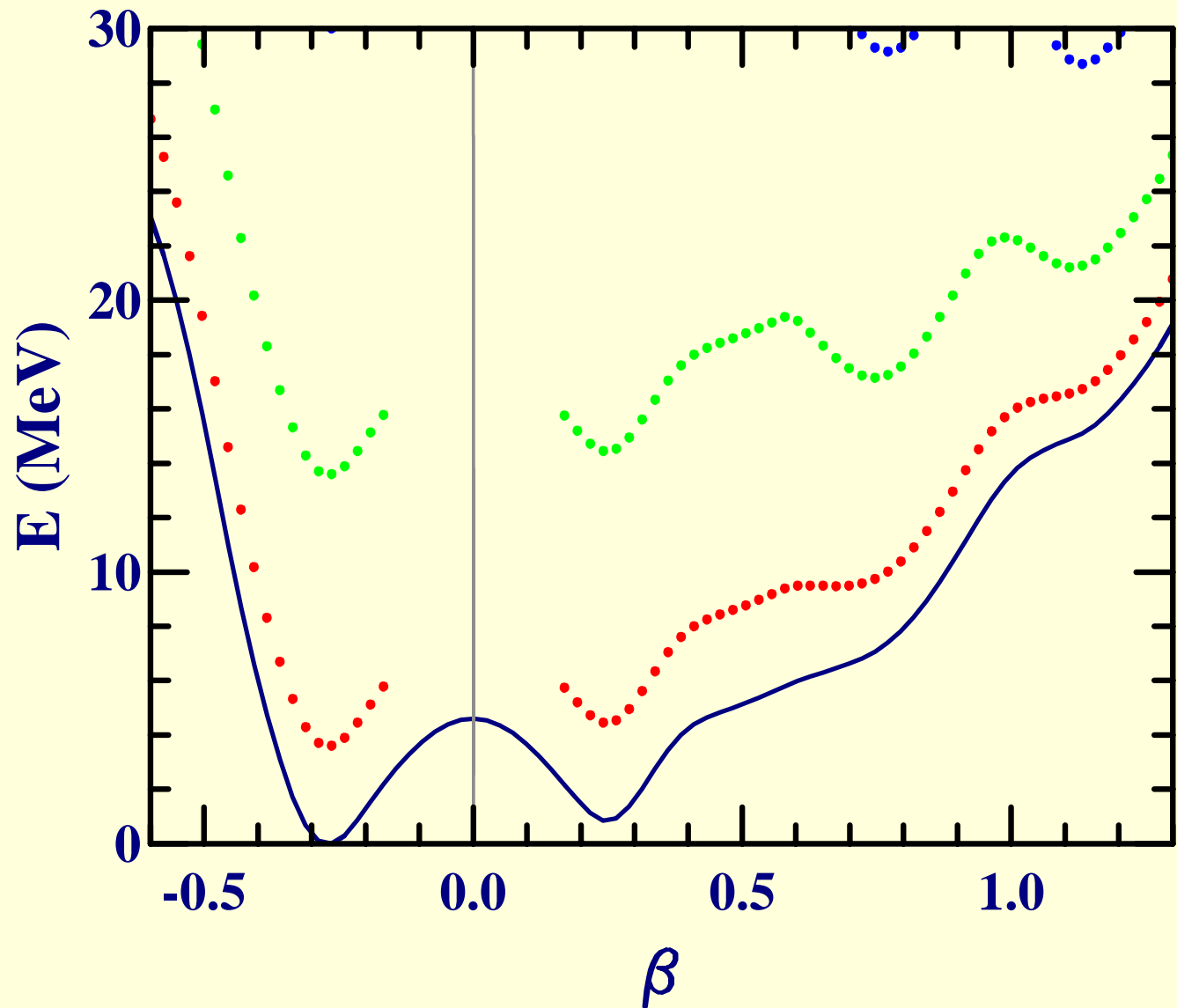


$^{68}_{34}\text{Se}_{34}$



Binding energy

HFB=572.170 MeV

Exp=576.40 MeV(ext)

