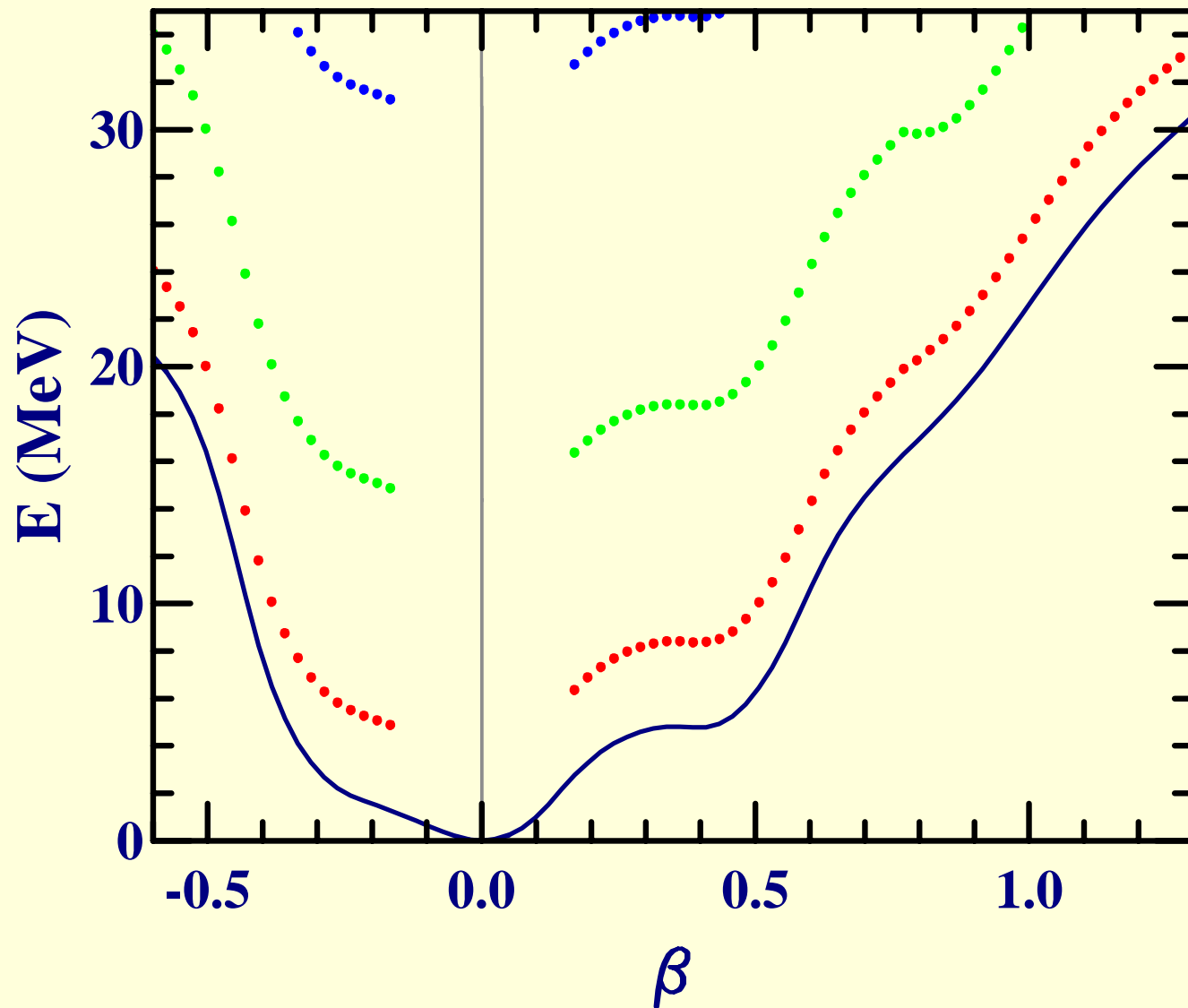


$^{56}_{28}\text{Ni}_{28}$



### Energie de liaison

HFB=481.110 MeV

Exp=483.99 MeV

